

## HYPOTHESIS

### Excitation–Contraction Coupling

# Modeling the mechanism of $\text{Ca}^{2+}$ release in skeletal muscle by DHPRs easing inhibition at RyR I1-sites

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$\text{Ca}^{2+}$  release from the sarcoplasmic reticulum (SR) plays a central role in excitation–contraction coupling (ECC) in skeletal muscles. However, the mechanism by which activation of the voltage-sensors/dihydropyridine receptors (DHPRs) in the membrane of the transverse tubular system leads to activation of the  $\text{Ca}^{2+}$ -release channels/ryanodine receptors (RyRs) in the SR is not fully understood. Recent observations showing that a very small  $\text{Ca}^{2+}$  leak through RyR1s in mammalian skeletal muscle can markedly raise the background  $[\text{Ca}^{2+}]$  in the junctional space (JS) above the  $\text{Ca}^{2+}$  level in the bulk of the cytosol indicate that there is a diffusional barrier between the JS and the cytosol at large. Here, I use a mathematical model to explore the hypothesis that a sudden rise in  $\text{Ca}^{2+}$  leak through DHPR-coupled RyR1s, caused by reduced inhibition at the RyR1  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibitory I1-sites when the associated DHPRs are activated, is sufficient to enable synchronized responses that trigger a regenerative rise of  $\text{Ca}^{2+}$  release that remains under voltage control. In this way, the characteristic response to  $\text{Ca}^{2+}$  of RyR channels is key not only for the  $\text{Ca}^{2+}$  release mechanism in cardiac muscle and other tissues, but also for the DHPR-dependent  $\text{Ca}^{2+}$  release in skeletal muscle.

## Introduction

The activity of the skeletal muscle of vertebrates is regulated in the main by voltage sensors/dihydropyridine receptors (DHPRs) in the membrane of the transverse (t-) tubular system (Schneider and Chandler, 1973; Ríos and Brum, 1987; Ríos and Pizarro, 1991; Melzer et al., 1995) and the intracellular  $[\text{Mg}^{2+}]$ , which exerts a powerful inhibitory action on the ryanodine receptors (RyRs)/sarcoplasmic reticulum (SR)  $\text{Ca}^{2+}$ -release channels in terminal cisternae of the SR (Lamb and Stephenson, 1991, 1994; Lamb, 2002a, 2002b; Dulhunty, 2006; Stephenson, 2006). DHPRs physically interact with RyRs in the narrow junctional space (JS) between t-system and SR membranes at triads, where t-tubules are flanked in close apposition by two terminal cisternae of the SR. The size of the gap at triads between t-tubule and SR membranes is critical for enabling functional crosstalk between DHPRs and RyRs and is primarily determined by junctophilin-1 proteins, JPH-1s, that directly interact at their tubular membrane end (N-terminal region) with DHPRs and at their SR membrane end (C-terminal region) with the respective DHPR-coupled RyR1 (Landstrom et al., 2014; Perni, 2022; Lehnart and Wehrens, 2022). The RyRs in the JS are organized in checkered arrays (Block et al., 1988; Franzini-

Armstrong and Nunzi, 1983; Franzini-Armstrong et al., 1998) with every second RyR being physically coupled to a group of four DHPRs forming a tetrad, such that each DHPR in the tetrad is in physical contact with one of the four subunits (protomers) of a RyR. There is broad agreement about a direct line of communication that ensures fast signal transmission from DHPRs activated by t-system membrane depolarization to DHPR-coupled RyRs, but the exact nature of the molecular interactions between skeletal DHPRs and RyRs in the JS remains unclear.

All RyRs immediately adjacent to each other, together with the associated proteins form a couplon (Stern et al., 1997; Franzini-Armstrong et al., 1999), such that triads effectively have two couplons, one on each side of the t-tubule that function independently of each other. In addition to couplons localized in the JS of all vertebrates, non-mammalian skeletal muscles also have variable groups of RyRs on the SR terminal cisternae located outside the JS in parajunctional arrays that do not face t-tubules and do not have contact with DHPRs or RyRs in couplons (Felder and Franzini-Armstrong, 2002).

Skeletal muscles of adult mammals contain almost exclusively the RyR1 isoform, which is one of the three RyR isoforms

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(RyR1–3) expressed in mammalian tissues. In contrast, skeletal muscles from non-mammalian vertebrates, like frogs—which served for many years as the animal model of choice for investigating the mechanism of excitation-contraction coupling (ECC) in skeletal muscle—express in similar amounts two RyR isoforms:  $\alpha$ -RyR and  $\beta$ -RyR, which are homologs of the mammalian isoforms RyR1 and RyR3, respectively (Sutko and Airey, 1996; Murayama et al., 2000; Lanner et al., 2010; Murayama and Kurebayashi, 2011).

There is strong evidence that all couplons in skeletal muscles of mammals and non-mammalian vertebrates consist of RyR1s/ $\alpha$ -RyRs and that the parajunctional groups of RyRs found predominantly in non-mammalian muscles consist of RyR3s/ $\beta$ -RyRs (Felder and Franzini-Armstrong, 2002; Perni et al., 2015). The abundant parajunctional arrays of  $\beta$ -RyRs in non-mammalian vertebrate skeletal muscle appear to support and possibly amplify the DHPR-activation-induced  $\text{Ca}^{2+}$  release that occurs at the level of couplons, considering, for example, that there are two triads (i.e., four RyR1 couplons) per sarcomere in mammalian skeletal muscle, but only one triad (i.e., two  $\alpha$ -RyRs couplons and several  $\beta$ -RyRs parajunctional arrays) per sarcomere of similar length in frog skeletal muscle.

The relative ease of purification of the RyR1 isoform from skeletal muscles of mammals together with its relevance to human conditions contributed to the fact that the RyR1 isoform is the most extensively studied RyR isoform and its ionic control mechanisms are best understood. Manifestly, skeletal muscle fibers of mammals are uniquely suited for investigating how voltage-dependent DHPR activation interacts with ionic control mechanisms of RyR1 activation.

Cully et al. (2018) (see also Barclay and Launikonis, 2022) have shown that the average  $[\text{Ca}^{2+}]$  in the JS ( $[\text{Ca}^{2+}]_{\text{js}}$ ) of human skeletal muscle fibers at rest is considerably greater than that in the bulk of the cytosol ( $[\text{Ca}^{2+}]_{\text{c}}$ ) and that  $[\text{Ca}^{2+}]_{\text{js}}$  approaches  $[\text{Ca}^{2+}]_{\text{c}}$  only when the RyR1s are fully blocked. Similarly, Despa et al. (2014) showed a standing diastolic  $[\text{Ca}^{2+}]$  difference in cardiac myocytes between the cleft (which is equivalent to the JS in skeletal muscle fibers) and the cytosol at large, produced primarily by the diastolic SR  $\text{Ca}^{2+}$  leak through the cardiac RyR2s. Furthermore, Sanchez et al. (2021) used a  $\text{Ca}^{2+}$ -sensitive fluorescent probe targeted to the JS in mouse skeletal muscle fibers and obtained results that are consistent with  $[\text{Ca}^{2+}]_{\text{js}}$ , being several times greater than  $[\text{Ca}^{2+}]_{\text{c}}$  at rest. These observations suggest that a diffusional barrier exists between the JS and most of the cytosol (JS/cytosol barrier), causing JS to function as an intermediate compartment between the SR cisternae and the cytosol at large.

JS, as part of the cytosol, plays a central role in the regulation of SR  $\text{Ca}^{2+}$  release because all cytoplasmic regulatory sites on the RyR1s/ $\alpha$ -RyRs in a couplon are exposed to the JS rather than to the bulk of the cytosol. For each of the four protomers of one RyR1, there is a  $\text{Ca}^{2+}$  activation site ( $\text{Ca}^{2+}$  A-site), an ATP-binding site, a caffeine-binding site, and a low-affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibitory I1 site. The location of the  $\text{Ca}^{2+}$  A-sites, the ATP sites, and the caffeine-binding sites on the cytoplasmic shell of the RyR1 has been specifically determined in cryo-EM reconstructions by Des Georges et al. (2016). These sites are located close to each other and are part of a “control hub” that

regulates the opening of the RyR1 gate (Des Georges et al., 2016). After ATP is bound to its specific sites on the RyR1s in muscle, the control hub is primed to open the RyR1 gate when  $\text{Ca}^{2+}$  binds to the A-sites and the inhibitory low-affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1-sites are unoccupied (Nayak and Samsó, 2022). The low-affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1-sites are situated in the four E-F domains located outside the control hub, at the base of the huge mushroom-like cytosolic shell of the RyR1 (Laver et al., 1997a; Nayak et al., 2024), which rotates outward and downward toward its basis when the control hub is activated to open the RyR1 pore (Des Georges et al., 2016).

Employing a mathematical model based on the role of ionic control mechanisms of RyR1 function developed in the Appendix, I explore here the hypothesis that a sudden rise in  $\text{Ca}^{2+}$  leak in the JS through DHPR-coupled RyR1s in couplons, caused by reduction of inhibition at the RyR1  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibitory I1-sites when the associated DHPRs are activated, is sufficient to enable synchronized responses that trigger a regenerative rise of  $\text{Ca}^{2+}$  release that remains under voltage control.

## Materials and methods

Data S1, S2, S3, S4, S5, and S6 consist of simulations of SR  $\text{Ca}^{2+}$  release in skeletal muscle using the mathematical model described in the article under the various conditions mentioned in the text, performed with Wolfram Mathematica online. The program scripts and simulation outputs refer to model predictions for  $\text{Ca}^{2+}$  release upon stimulation (1) under physiological conditions when the SR is either normally loaded, or severely depleted of  $\text{Ca}^{2+}$ , without SR  $\text{Ca}^{2+}$  uptake (Data S1), (2) under physiological conditions with strong SR  $\text{Ca}^{2+}$  uptake (Data S2), (3) in the presence of 10 mM BAPTA when the SR is either normally loaded, or severely depleted of  $\text{Ca}^{2+}$  (Data S3), (4) in the presence of 10 mM EGTA when the SR is either normally loaded or severely depleted of  $\text{Ca}^{2+}$  (Data S4), (5) under physiological conditions at submaximal levels of DHPR-activation (Data S5), and (6) in the presence of 20 mM BAPTA at increased ionic strength with SR severely depleted of  $\text{Ca}^{2+}$  (Data S6).

### Online supplemental material

Data S1, S2, S3, S4, S5, and S6 provide Wolfram Mathematica online program scripts.

## Development and validation of the mathematical model

### JS holds the key to understanding how the mechanism of SR $\text{Ca}^{2+}$ release works

In principle, the time-dependent changes in  $[\text{Ca}^{2+}]_{\text{js}}$  ( $[\text{Ca}^{2+}]_{\text{js}}(t)$ ) are determined by differential Eq. 1, where  $\text{Ca}^{2+}$  inflow ( $t$ ) refers to the rate of  $\text{Ca}^{2+}$  entry into the JS and  $\text{Ca}^{2+}$  outflow ( $t$ ) refers to the rate of  $\text{Ca}^{2+}$  exit from the JS:

$$d[\text{Ca}^{2+}]_{\text{js}}(t)/dt = \text{Ca}^{2+} \text{ inflow}(t) - \text{Ca}^{2+} \text{ outflow}(t) \quad (1)$$

In the presence of a steady  $\text{Ca}^{2+}$  inflow into the JS from the SR through the RyR1s/ $\alpha$ -RyRs, as would be the case in a muscle fiber at rest, a steady state is reached such that the  $\text{Ca}^{2+}$  outflow

from the JS into the cytosol at large balances the  $\text{Ca}^{2+}$  inflow. Considering that most  $\text{Ca}^{2+}$  entry into the JS is through junctional RyRIs/ $\alpha$ -RyRs,  $\text{Ca}^{2+}$  inflow into the JS can be quantified as the product between a parameter  $k_{\text{SRJS}}$  that describes SR membrane permeability (measured in  $\text{ms}^{-1}$ ) and the  $[\text{Ca}^{2+}]$  difference across the SR junctional membrane between  $[\text{Ca}^{2+}]$  in the SR cisternae,  $[\text{Ca}^{2+}]_{\text{SR}}$ , and  $[\text{Ca}^{2+}]_{\text{js}}$ . Similarly,  $\text{Ca}^{2+}$  outflow from the JS is quantified as the product between  $k_{\text{diff}}$  that describes the diffusiveness of  $\text{Ca}^{2+}$  across JS/cytosol barrier (also measured in  $\text{ms}^{-1}$ ) and the difference between  $[\text{Ca}^{2+}]_{\text{js}}$  and bulk cytosolic  $[\text{Ca}^{2+}]$ ,  $[\text{Ca}^{2+}]_{\text{c}}$ . Therefore, at rest,

$$k_{\text{SRJS}}([\text{Ca}^{2+}]_{\text{SR}} - [\text{Ca}^{2+}]_{\text{js}}) = k_{\text{diff}}([\text{Ca}^{2+}]_{\text{js}} - [\text{Ca}^{2+}]_{\text{c}}), \quad (2)$$

and

$$[\text{Ca}^{2+}]_{\text{js}} = (k_{\text{SRJS}}[\text{Ca}^{2+}]_{\text{SR}} + k_{\text{diff}}[\text{Ca}^{2+}]_{\text{c}}) / (k_{\text{SRJS}} + k_{\text{diff}}) \quad (3)$$

Importantly,  $k_{\text{SRJS}}$  can be determined at a steady state using Eq. 4, when  $k_{\text{diff}}$ ,  $[\text{Ca}^{2+}]_{\text{js}}$ ,  $[\text{Ca}^{2+}]_{\text{SR}}$ , and  $[\text{Ca}^{2+}]_{\text{c}}$  values are known:

$$k_{\text{SRJS}} = k_{\text{diff}}([\text{Ca}^{2+}]_{\text{js}} - [\text{Ca}^{2+}]_{\text{c}}) / ([\text{Ca}^{2+}]_{\text{SR}} - [\text{Ca}^{2+}]_{\text{js}}) \quad (4)$$

Furthermore, considering that the ratio of DHPR-coupled to DHPR-noncoupled RyRIs/ $\alpha$ -RyRs in a couplon is 1:1, it follows that  $k_{\text{SRJS}}$  changes in proportion to the number  $n$  of RyRIs/ $\alpha$ -RyRs in a couplon and the mean value between the open probability of one DHPR-coupled ( $^cP_0$ ) and one DHPR-noncoupled RyRI/ $\alpha$ -RyR ( $^{nc}P_0$ ):

$$k_{\text{SRJS}} = \gamma n(^cP_0 + ^{nc}P_0) / 2 = 0.5\gamma n(^cP_0 + ^{nc}P_0), \quad (5)$$

where  $\gamma$  is a constant with the dimension of  $\text{ms}^{-1}$ .

Since the cytosolic regulatory sites on RyRIs/ $\alpha$ -RyRs in situ are exposed to the JS rather than to the cytosol at large, it follows that the open probability of both DHPR-noncoupled and DHPR-coupled RyRs are sensitive to the ionic concentrations in the JS environment. Eqs. 6 and 7 describe the dependency of the open probability of DHPR-noncoupled RyRIs,  $^{nc}P_0$ , and DHPR-coupled RyRIs,  $^cP_0$ , respectively, on  $[\text{Ca}^{2+}]_{\text{js}}$ ,  $[\text{Mg}^{2+}]_{\text{js}}$ , total  $[\text{Ca}^{2+} + \text{Mg}^{2+}]_{\text{js}} = [\text{CaMg}]_{\text{js}}$ , monovalent metallic cation concentration ( $[\text{M}_m^+]$ ), and SR luminal  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}]_{\text{SR}}$ ). The equations are derived for steady-state conditions in Appendix 1 as Eqs. A14 and A15 within the framework of the dual-inhibition model by  $\text{Mg}^{2+}$  of RyRI activity at the  $\text{Ca}^{2+}$  A-sites and low-affinity inhibitory  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites in the presence of millimolar ATP, considering structural features of the RyRI molecules. As described in Appendix 1, Eq. 6/eq. A14 quantitatively explains the RyRI open probability measurements made on isolated RyRIs incorporated in lipid bilayers (Laver et al., 1997b; Laver, 2018) and  $\text{Ca}^{2+}$  fluxes from  $\text{Ca}^{2+}$ -loaded heavy SR vesicles (Meissner, 1984, 1986), while Eq. 7/eq. A15 considers evidence that DHPRs can exert an additional inhibitory action on (DHPR-coupled) RyRIs in skeletal muscle fibers at rest (see Kirsch et al., 2001; Zhou et al., 2006; and references therein).

The first term in Eqs. 6 and 7,  $P_{A0}$ , describes the probability of activation at the  $\text{Ca}^{2+}$  A-sites of either  $^{nc}P_0$  or  $^cP_0$  when the four protomeric A-sites of the RyRIs are activated. The values of the protomeric parameters  $^{lp}P_i$ ,  $^{lp}P_{\text{max}}$ ,  $^{lp}K_{\text{Mm}}^2$ ,  $^{lp}K_{\text{CaA}}$ ,  $^{lp}K_{\text{Mg}}$ , and  $^{lp}K_L$  are shown in Table 1 and were derived from experimental

observations as described in Appendix 1.  $^{lp}P_i$  characterizes the probability of an individual A-site activation in the absence of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  in the JS (or cytosol) when the A-site is free or has two  $\text{M}_m^+$  bound to it, while  $^{lp}P_{\text{max}}$  describes the probability of an individual  $\text{Ca}^{2+}$  A-site activation when the A-site is occupied by  $\text{Ca}^{2+}$ .  $^{lp}K_{\text{Mm}}^2$  is the dissociation constant of two  $\text{M}_m^+$  from the  $\text{Ca}^{2+}$  A-site, considering that a divalent cationic site is likely to bind two  $\text{M}_m^+$ ,  $^{lp}K_{\text{CaA}}$  is the  $\text{Ca}^{2+}$  dissociation constant from the  $\text{Ca}^{2+}$  A-site and  $^{lp}K_{\text{Mg}}$  is the  $\text{Mg}^{2+}$  dissociation constant from the  $\text{Ca}^{2+}$  A-site when the SR is depleted of  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}]_{\text{SR}} = 0$ ), and  $^{lp}K_L$  is the  $\text{Ca}^{2+}$  dissociation constant from the luminal SR  $\text{Ca}^{2+}$  site, whose occupancy by  $\text{Ca}^{2+}$  alters the  $\text{Mg}^{2+}$  dissociation constant of the corresponding A-site as discussed in Appendix 1.

The second terms,  $^{nc}P_{I0}$ , in Eq. 6 and  $^cP_{I0}$  in Eq. 7, describe the probabilities that the pores of  $^{nc}P_0$  or  $^cP_0$  channels are not blocked from opening by inhibition at their respective  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1-sites. As explained in the Appendix, the Hill Equation with a Hill coefficient of 2 that was used to fit experimental results on  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibition at the I1-sites of isolated RyRIs incorporated in lipid bilayers was deemed to also describe inhibition at the  $^{nc}P_0$  RyRIs in muscle. In contrast, the enhanced inhibitory action exerted by DHPRs on  $^cP_0$  RyRIs was considered to result from an increased level of cooperativity between the four protomers in the  $^cP_0$  RyRI that produces quasi-simultaneous binding and dissociation of four  $\text{Ca}^{2+}/\text{Mg}^{2+}$  ions by a two-state allosteric mechanism (see e.g., Viappiani et al., 2014) at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibitory I1-sites, such that  $^cP_0$  channels are blocked from opening at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibitory I1-sites when all four I1-inhibitory sites are occupied, and the channels are allowed to open when all four I1-inhibitory sites are free.

The apparent affinity of the I1 sites for  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  is particularly sensitive to the ionic strength concentration, which is not the case for the  $\text{Ca}^{2+}$  A-sites (Shomer et al., 1993; Meissner et al., 1997; Laver et al., 2004). For the ionic conditions prevalent in mammalian skeletal muscle, it is broadly agreed that 50% inhibition at the low-affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1-sites of RyRIs occurs at  $[\text{Ca}^{2+}]_{\text{c}} + [\text{Mg}^{2+}]_{\text{c}}$  ( $[\text{CaMg}]_{\text{c}}$ ) in the range of 50  $\mu\text{M}$  (Donoso et al., 2000) to 100  $\mu\text{M}$  (Meissner, 1984, 1986; Laver et al., 1997b; Laver, 2018). In calculations, it was assumed that 50% inhibition at the low-affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1-sites of  $^cP_0$  RyRIs and  $^{nc}P_0$  RyRIs at rest occurs at  $\approx 50 \mu\text{M}$   $\text{Mg}^{2+}$  (and  $\text{Ca}^{2+}$ ) because the results of Donoso et al. (2000) were obtained on native triads of fast-twitch rabbit muscle, where the arrangement of RyRIs and DHPRs in the JS is closest to that in the living muscle at rest. Accordingly, both  $K_{\text{in}}$  for  $^{nc}P_0$  and  $^cP_0$  RyRIs in Table 1 equal 0.05 mM.

$$^{nc}P_0 = P_{A0} \times ^{nc}P_{I0} = \frac{\left( ^{lp}P_i \left( 1 + \frac{[\text{M}_m^+]_{\text{js}}^2}{^{lp}K_{\text{Mm}}^2} \right) + ^{lp}P_{\text{max}} \frac{[\text{Ca}^{2+}]_{\text{js}}}{^{lp}K_{\text{CaA}}} \right)^4}{\left( 1 + \frac{[\text{M}_m^+]_{\text{js}}^2}{^{lp}K_{\text{Mm}}^2} + \frac{[\text{Ca}^{2+}]_{\text{js}}}{^{lp}K_{\text{CaA}}} + \frac{[\text{Mg}^{2+}]_{\text{js}}}{^{lp}K_{\text{Mg}} \left( 1 + \frac{[\text{Ca}^{2+}]_{\text{js}}}{^{lp}K_L} \right)} \right)^4} \times \frac{1}{1 + \left( \frac{[\text{CaMg}]_{\text{js}}}{K_{\text{in}}} \right)^2} \quad (6)$$

Table 1. **Parameter values used to quantitatively describe the activation of DHPR-coupled RyR1s,  $\text{RyR1s}$ , ( $\text{P}_0$ ), and DHPR-noncoupled RyR1s,  $\text{ncRyR1s}$  ( $\text{ncP}_0$ ) under different conditions**

Parameter	Description	Parameter value
$1pK_{Mm}$	Apparent dissociation constant of $Mm^+$ from individual A-sites of $\text{RyR1s}$ and $\text{ncRyR1s}$	172.1 mM <sup>a</sup>
$1pK_L$	$\text{Ca}^{2+}$ equilibrium dissociation constant from individual SR luminal sites of $\text{RyR1s}$ and $\text{ncRyR1s}$	346.6 $\mu\text{M}$ <sup>a</sup>
$1pK_{Mg}$	$\text{Mg}^{2+}$ equilibrium dissociation constant from individual A-sites of $\text{RyR1s}$ and $\text{ncRyR1s}$	30.65 $\mu\text{M}$ <sup>a</sup>
$1pK_{CaA}$	$\text{Ca}^{2+}$ equilibrium dissociation constant from individual A-sites of $\text{RyR1s}$ and $\text{ncRyR1s}$	70 nM <sup>a</sup>
$1pP_{max}$	Level of individual A-site activation in $\text{RyR1s}$ and $\text{ncRyR1s}$ when the A-site is occupied by $\text{Ca}^{2+}$	0.963 <sup>a</sup>
$1pP_i$	Level of individual A-site activation in $\text{RyR1s}$ and $\text{ncRyR1s}$ when the A-site is free or is occupied by two $Mm^+$ ; $1pP_i$ is sensitive to SR luminal $\text{Ca}^{2+}$ ( $[\text{Ca}^{2+}]_L$ )	$= 0.56 + 0.35/(1 + 0.25 \text{ mM}/[\text{Ca}^{2+}]_L)^a$
$K_{in}$	Apparent $\text{Ca}^{2+}/\text{Mg}^{2+}$ dissociation constant from I1 sites of $\text{ncRyR1s}$	0.05 mM <sup>b</sup>
$4pK_{in}$	Apparent $\text{Ca}^{2+}/\text{Mg}^{2+}$ dissociation constant from I1 sites of $\text{RyR1s}$ when DHPRs are not activated	0.05 mM <sup>b</sup>
$4pK_{in}$	Apparent $\text{Ca}^{2+}/\text{Mg}^{2+}$ dissociation constant from I1 sites of $\text{RyR1s}$ when the DHPRs are activated	1.5 mM <sup>c</sup>

<sup>a</sup>Parameter value derived in Appendix 1 from experimental data of Laver et al. (2004).

<sup>b</sup>Parameter value derived from experimental data of Donoso et al. (2000).

<sup>c</sup>As described in the text, DHPR activation of  $\text{RyR1s}$  induces a sudden 30-fold rise of  $4pK_{in}$  from its resting level in  $\text{RyR1s}$ , which eases inhibition at the I1-sites of the respective  $\text{RyR1s}$ .

$$\begin{aligned}
 {}^cP_0 &= P_{A0} \times {}^cP_{I0} = \\
 &\frac{\left(1pP_i \left(1 + \frac{[Mm]_{js}^2}{1pK_{Mm}^2}\right) + 1pP_{max} \frac{[\text{Ca}^{2+}]_{js}}{1pK_{CaA}}\right)^4}{\left(1 + \frac{[Mm]_{js}^2}{1pK_{Mm}^2} + \frac{[\text{Ca}^{2+}]_{js}}{1pK_{CaA}} + \frac{[\text{Mg}^{2+}]_{js}}{1pK_{Mg} \left(1 + \frac{[\text{Ca}^{2+}]_{js}}{1pK_L}\right)}\right)^4} \times \\
 &\frac{1}{1 + \frac{([\text{CaMg}]_{js})^4}{(4pK_{in})^4}} \quad (7)
 \end{aligned}$$

Barclay and Launikonis (2022) estimated the  $\text{Ca}^{2+}$  inflow into the JS from the SR through the RyR1s ( $k_{SRJS}$  ( $[\text{Ca}^{2+}]_{SR} - [\text{Ca}^{2+}]_{js}$ ) at 3.8  $\mu\text{M ms}^{-1}$  in skeletal human muscle fibers at rest when  $[\text{Ca}^{2+}]_{SR} = 400 \mu\text{M}$  (Ziman et al., 2010) and  $[\text{Ca}^{2+}]_c$  was buffered at 67 nM with 50 mM EGTA, which has its main molecular forms:  $\text{H}_2\text{EGTA}^{2-}$  and  $\text{Ca-EGTA}^{2-}$  negatively charged. Under these conditions,  $k_{diff}$ , which characterizes the diffusiveness of  $\text{Ca}^{2+}$  across the JS/cytosol barrier, was evaluated at 28  $\text{ms}^{-1}$ . Using these values in Eq. 2,  $[\text{Ca}^{2+}]_{js} = 203 \text{ nM}$  (3.8  $\mu\text{M ms}^{-1}/28 \text{ ms}^{-1} + 67 \text{ nM}$ ), and from Eq. 4,  $k_{SRJS} = 9.525 \text{ s}^{-1}$  ( $28,000 \text{ s}^{-1} \times 0.136 \mu\text{M}/399.8 \mu\text{M}$ ) at rest.

Note that the ability of a steady  $\text{Ca}^{2+}$  leak  $Lk = 3.8 \mu\text{M ms}^{-1}$  into the JS to generate a difference between  $[\text{Ca}^{2+}]_{js}$  and  $[\text{Ca}^{2+}]_c$  in the order of 10–130 nM in the presence of 50 mM total EGTA ( $[\text{EGTA}]_T$ ) when  $[\text{Ca}^{2+}]_c = 67 \text{ nM}$  (Cully et al., 2018; Barclay and Launikonis, 2022) is only possible if the diffusiveness of  $\text{H}_2\text{EGTA}^{2-}$  and  $\text{Ca-EGTA}^{2-}$  across the JS/cytosol barrier ( $k_{diffEGTA}$ ) is several orders of magnitude lower than that for  $\text{Ca}^{2+}$  ( $k_{diff} = 28 \text{ ms}^{-1}$ ). This is because the difference between  $[\text{Ca}^{2+}]_{js}$  and  $[\text{Ca}^{2+}]_c$  generated by a steady  $\text{Ca}^{2+}$  leak into the JS is given by the ratio  $\frac{Lk}{k_{diff} + k_{diffEGTA} \frac{K_D [\text{EGTA}]_T}{(K_D + [\text{Ca}^{2+}]_{js})(K_D + [\text{Ca}^{2+}]_c)}}$ , where  $K_D$  is the equilibrium disso-

ciation constant of  $\text{Ca}^{2+}$  from  $\text{CaEGTA}^{2-}$  (~185 nM). Accordingly, a  $\text{Ca}^{2+}$  leak of 3.8  $\mu\text{M ms}^{-1}$  when  $[\text{Ca}^{2+}]_c = 67 \text{ nM}$  would generate a  $[\text{Ca}^{2+}]_{js} - [\text{Ca}^{2+}]_c$  difference of 10 or 130 nM when  $k_{diffEGTA} = 2.5 \text{ s}^{-1}$

( $= 8.97 \times 10^{-5} k_{diff}$ ) or  $0.0127 \text{ s}^{-1}$  ( $= 4.56 \times 10^{-7} k_{diff}$ ), respectively. Notice that a diffusiveness of  $\text{H}_2\text{EGTA}^{2-}$  and  $\text{Ca-EGTA}^{2-}$  across the barrier in the order of  $0.0127 \text{ s}^{-1}$  necessitates several minutes for  $[\text{EGTA}]_T$  to equilibrate between JS and the rest of the cytosol and indicates that little  $\text{H}_2\text{EGTA}^{2-}$  and  $\text{Ca-EGTA}^{2-}$  is exchanged across the barrier over <100 ms. In principle, a situation where the diffusiveness of  $\text{H}_2\text{EGTA}^{2-}$  and  $\text{Ca-EGTA}^{2-}$  can be orders of magnitude smaller than that for  $\text{Ca}^{2+}$  would occur if the JS/cytosol barrier in muscle fibers at rest was negatively charged with relatively small pores.

The estimated values of  $\text{ncP}_0$  and  $\text{P}_0$  for resting conditions ( $[\text{Ca}^{2+}]_{js} = 203 \text{ nM}$ ,  $[\text{Ca}^{2+}]_{SR} = 400 \mu\text{M}$ ,  $[\text{Mg}^{2+}]_{js} = 1 \text{ mM}$ ,  $[\text{Mm}^+]_{js} = 150 \text{ mM}$ , and parameter values in Table 1) are  $4.84 \times 10^{-6}$  and  $1.21 \times 10^{-8}$  using Eqs. 6 and 7, respectively, indicating that  $\text{ncRyR1s}$  are the main contributors to the RyR1s  $\text{Ca}^{2+}$  leak at rest. One can now calculate from Eq. 5 that  $\gamma = 3,927.8 \text{ n}^{-1} \text{ ms}^{-1}$  [ $9.525 \text{ s}^{-1}/(0.5 \text{ n} \times 4.85 \times 10^{-6})$ ] in a couplon containing  $n$  RyR1s. (Note that the typical number of RyRs per couplon is about 40 in both mammalian and non-mammalian vertebrate skeletal muscle [Franzini-Armstrong et al., 1999]). The dependence of  $k_{SRJS}$  on ( $\text{P}_0 + \text{ncP}_0$ ) is then obtained by substituting  $\gamma$  back in Eq. 5:

$$k_{SRJS} = 1,964(\text{P}_0 + \text{ncP}_0)\text{ms}^{-1}. \quad (8)$$

Regarding the magnitude of  $k_{diff}$ , the value of 28  $\text{ms}^{-1}$  estimated by Barclay and Launikonis (2022) in human skeletal muscle fibers under resting conditions can only support a maximum rate of  $\text{Ca}^{2+}$  release from the JS into the cytosol at large of 2.3  $\mu\text{M ms}^{-1}$  ( $k_{diff} \times \text{maximum}[\text{Ca}^{2+}]_{js} \times R$ , where  $R$  is the ratio between the JS volume and the volume of cytosolic water) since  $[\text{Ca}^{2+}]_{js}$  cannot be greater than endogenous  $[\text{Ca}^{2+}]_{SR} \approx 400 \mu\text{M}$  and  $R \approx 1/4,930$  according to Table 3 in Barclay and Launikonis (2022). In comparison, the maximal SR  $\text{Ca}^{2+}$  release rate into the cytosol of mouse muscle fibers ranges between 55 and 200  $\mu\text{M ms}^{-1}$  (see e.g., Sztretye et al., 2011; Baylor and Hollingworth, 2012), indicating



that  $k_{diff}$  needs to rise strongly above its resting level during stimulation to support much higher SR  $Ca^{2+}$  release rates.

Simple mechanisms for raising the value of  $k_{diff}$  following excitation can be envisaged like those used to open floodgates in a reservoir when the level of water in the reservoir exceeds a certain level. For example, a mechanism for raising the value of  $k_{diff}$  following excitation could involve the significant movement of the RyR1 cytosolic shells in the JS when the central control hubs are activated to open the RyR1 pores (Des Georges et al., 2016). Such movement can putatively alter the microarchitecture in the junctional gap between the SR and tubular membranes by altering interactions between JPHs, activated DHPRs, and RyRs with activated control hubs to increase the size of the junctional gap so as to allow  $Ca^{2+}$  to diffuse more freely from the JS into the rest of the cytosol. In the following calculations, it is assumed that  $k_{diff}$  rises linearly with the level of RyR1 activation at the  $Ca^{2+}$  A-sites,  $P_{AO}$ , from a base value of  $14\text{ ms}^{-1}$  that is 50 % of the value ( $28\text{ ms}^{-1}$ ) estimated by Barclay and Launikonis (2022) for resting conditions, i.e.,  $k_{diff} = 14\text{ ms}^{-1} + b P_{AO}$ . In the presence of mM ATP, the value of  $P_{AO}$  also describes the activation level of RyR1 control hubs in a couplon that, in turn, determines the amount of movement in the RyR1 cytosolic shells that is associated with the magnitude of  $Ca^{2+}$  diffusiveness across the JS/cytosol barrier. Considering that  $k_{diff} = 28\text{ ms}^{-1}$  and  $P_{AO} = 0.00194$  for resting conditions, it follows that  $b \approx 7,216\text{ ms}^{-1}$ , and therefore,

$$k_{diff} = (14 + 7,216P_{AO})\text{ms}^{-1}. \quad (9)$$

Note that calsequestrin, which acts as a buffer for luminal  $Ca^{2+}$  in the SR cannot maintain  $[Ca^{2+}]_{SR}$  close to its endogenous level of  $\sim 400\text{ }\mu\text{M}$ , when many RyR1s open simultaneously as shown by Sztetey et al. (2011). Considering a total endogenous SR Ca per SR volume of  $\sim 11\text{ mM}$  in fast-twitch mammalian muscle fibers (Fryer and Stephenson, 1996), it follows that about  $10.6\text{ mM}$   $Ca^{2+}$  is bound to calsequestrin at endogenous  $[Ca^{2+}]_{SR} = 400\text{ }\mu\text{M}$ . Further, considering that calsequestrin has an apparent equilibrium  $Ca^{2+}$  dissociation constant of  $\sim 1\text{ mM}$  for  $[Ca^{2+}] < 400\text{ }\mu\text{M}$  (Park et al., 2004), it implies that calsequestrin in the SR has a  $Ca^{2+}$  binding capacity,  $CSQ_{cap}$ , of  $\sim 37.1\text{ mM}$  per SR volume  $[= 10.6\text{ mM} (1\text{ mM} + 0.4\text{ mM})/0.4\text{ mM}]$ . Since  $Ca^{2+}$  dissociates very fast from calsequestrin associated with junctional SR membranes (Beltrán et al., 2006) one can assume that  $Ca^{2+}$  bound to calsequestrin ( $[CaCSQ(t)]$ ) in the SR is effectively in equilibrium with  $[Ca^{2+}(t)]_{SR}$ , such that at any time  $t$ ,  $[CaCSQ(t)] = 37.1\text{ mM} ([Ca^{2+}(t)]_{SR}/1\text{ mM})/(1 + [Ca^{2+}(t)]_{SR}/1\text{ mM})$ . The time course of  $[Ca^{2+}(t)]_{SR}$  in the presence of a rapid  $Ca^{2+}$  efflux from the SR is essentially given by the differential Eq. 10, where the SR- $Ca^{2+}$ -release flux(t) expressed per SR volume is equivalent to the SR- $Ca^{2+}$ -entry flux(t) into the JS volume reduced by the ratio between SR volume to JS volume ( $= 271$  according to Table 3 in Barclay and Launikonis, 2022) and with changed sign:

$$\begin{aligned} d[Ca^{2+}(t)]_{SR}/dt &= SR - Ca^{2+} - \\ &\text{release flux}(t) - d[CaCSQ(t)]/dt = \\ &-1,964\text{ ms}^{-1} \left( [Ca^{2+}(t)]_{SR} - [Ca^{2+}(t)]_{js} \right) ({}^{nc}P_o(t) + {}^cP_o(t)) - , \\ &\frac{271}{37.1} \frac{d[Ca^{2+}(t)]_{SR}}{\left( 1 + \frac{[Ca^{2+}(t)]_{SR}}{1\text{ mM}} \right)^2} \end{aligned}$$

or

$$\begin{aligned} d[Ca^{2+}(t)]_{SR}/dt &= -7.25\text{ms}^{-1} \left( [Ca^{2+}(t)]_{SR} - [Ca^{2+}(t)]_{js} \right) \times \\ &\frac{({}^{nc}P_o(t) + {}^cP_o(t)) \times \left( 1 + \frac{[Ca^{2+}(t)]_{SR}}{1\text{mM}} \right)^2}{37.1 + \left( 1 + \frac{[Ca^{2+}(t)]_{SR}}{1\text{mM}} \right)^2} \end{aligned} \quad (10)$$

### Proposed model for mechanism of DHPR-dependent activation of $Ca^{2+}$ release in skeletal muscle

Experiments with mechanically skinned muscle fibers showed that the ability of DHPRs, when activated, to open RyR1s/ $\alpha$ -RyRs in the presence of millimolar ATP, is facilitated when  $[Mg^{2+}]_c$  is decreased below  $1\text{ mM}$ , is curtailed when  $[Mg^{2+}]_c$  is raised above  $1\text{ mM}$ , and is effectively blocked at  $10\text{ mM}$   $[Mg^{2+}]_c$  (Lamb and Stephenson, 1991, 1992, 1994). The fact that maximal activation of the DHPRs cannot open the RyR1s/ $\alpha$ -RyRs pores in the presence of  $10\text{ mM}$   $[Mg^{2+}]_c$  strongly suggests that the inhibition exerted by  $Mg^{2+}$  on the RyR1s/ $\alpha$ -RyRs must be removed (Lamb and Stephenson, 1991, 1994) before pores can open. Based on these experiments Lamb and Stephenson proposed that activation of DHPRs by depolarization of the t-system membrane induces a 10–20-fold decrease in the affinity of  $Mg^{2+}$  binding to sites on RyR1s/ $\alpha$ -RyRs that inhibit the opening of the RyR1s/ $\alpha$ -RyRs (Lamb and Stephenson, 1991, 1994, Stephenson 1996, 2006; Stephenson et al., 1998; Lamb, 2000, 2002a, 2002b; Laver 2018; and references therein).

Support for voltage- and implicitly DHPR-activation-dependent change in  $[Mg^{2+}]$ -induced inhibition of SR- $Ca^{2+}$  release observed in mechanically skinned muscle fibers has been further obtained from experiments on isolated triads (Ritucci and Corbett, 1995) and voltage-clamped cut fibers of frog (Jacquemon and Schneider, 1992) and rat (Jóna et al., 2001). For example, Jóna et al. (2001) reported a 10-fold decrease in the apparent affinity of  $Mg^{2+}$  binding to sites on rat RyR1s when the membrane potential of the muscle fiber changed from normal polarization to full depolarization.

Thus, one can envisage that a sudden reduction of inhibition at the low-affinity  $Ca^{2+}/Mg^{2+}$  II sites of 'RyR1s in a couplon caused by activation of the DHPRs, could initiate a positive feedback loop that increases  $Ca^{2+}$  leak into the JS, raising  $[Ca^{2+}]_{js}$  in the micromolar range that subsequently activates more 'RyR1s at their A-sites to open their pores, which in turn, further increases the  $Ca^{2+}$  leak/flux into the JS.

For proof of principle, it is assumed, in the first instance that (1) couplons are initially equilibrated under resting conditions  $[Ca^{2+}]_{js} = 203\text{ nM}$ ,  $[Ca^{2+}]_c = 67\text{ nM}$ ,  $[Ca^{2+}]_{SR} = 400\text{ }\mu\text{M}$ ,  $[Mg^{2+}]_{js} = 1\text{ mM}$ ,  $[M_m^{+}]_{js} = 150\text{ mM}$ , (2)  $[Ca^{2+}]_c$ ,  $[Mg^{2+}]_{js}$ , and  $[M_m^{+}]_{js}$  do not change following maximal activation of the DHPRs, (3)  $Ca^{2+}$  binding to calsequestrin is in rapid equilibrium with  $[Ca^{2+}]_{SR}$  and does not affect RyR1 function, (4) there is no putative activation of the  ${}^{nc}$ RyR1s by their neighboring 'RyR1s when the latter become activated by DHPR activation, and (5) the SR- $Ca^{2+}$  pump

is blocked. For modeling, the kinetics of activation of the  $\text{rRyR}$ s it was considered that the functional state of the  $\text{rRyR}$ s is determined by the level of ion occupancy at the  $\text{Ca}^{2+}$  activation A-sites and the low-affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibition I1 sites on the four protomers of a  $\text{rRyR}$  at time  $t$ , and that the binding rate constants of  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ , and  $\text{M}_m^{+}$  to  $\text{rRyR}$  sites ( $k_{on}$ ) are diffusion-limited, with  $k_{on} = 4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1}$ , like those for BAPTA ( $4.5 \times 10^8 \text{ M}^{-1} \text{ s}^{-1}$  for  $\text{Ca}^{2+}$ ; Naraghi, 1997) and ATP ( $4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1}$  for  $\text{Mg}^{2+}$ ; Pecoraro et al., 1984). The dissociation rate constants ( $k_{off}$ ) of  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ , and  $\text{M}_m^{+}$  from specific  $\text{rRyR}$  sites were then obtained from the equilibrium dissociation constants ( $K_D$ ) listed in Table 1 ( $k_{off} = k_{on} K_D$ ), which were derived from experimental results as described in Appendix 1.

Eq. 11, where  $[\text{Ca}^{lp}A(t)]/[\text{lp}A_{Total}]$  and  $[\text{Mg}^{lp}A(t)]/[\text{lp}A_{Total}]$  represent normalized levels of  $\text{Ca}^{2+}$ - and  $\text{Mg}^{2+}$ - occupancy on the protomeric A-sites in the couplon at time  $t$  and  ${}^{4p}K_{in}$  is the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  equilibrium dissociation constant from I1 sites on protomers of  $\text{rRyR}$ s, describes the time dependence of the open probability of one  $\text{ncRyR}$  and one  $\text{rRyR}$  [ $\text{ncP}_0(t) + \text{rP}_0(t)$ ] when the system is not at steady-state and is derived from Eq. A27 in Appendix 1 with parameter values in Table 1:

$$\begin{aligned} \text{ncP}_0(t) + \text{rP}_0(t) = & \left( 0.56 + \frac{0.35}{1 + \frac{250\mu\text{M}}{[\text{Ca}^{2+}(t)]_{SR}}} \right) \times \\ & \left( 1 - \frac{[\text{Ca}^{lp}A(t)]}{[\text{lp}A_{Total}]} - \frac{[\text{Mg}^{lp}A(t)]}{[\text{lp}A_{Total}]} \right) + \\ & 0.963 \frac{[\text{Ca}^{lp}A(t)]^4}{[\text{lp}A_{Total}]^4} \times \\ & \left( \left( 1 + \frac{([\text{CaMg}(t)]_{js})^2}{(0.05\text{mM})^2} \right)^{-1} + \left( 1 + \frac{([\text{CaMg}(t)]_{js})^4}{({}^{4p}K_{in})^4} \right)^{-1} \right) \quad (11) \end{aligned}$$

Note that as indicated in Table 1,  ${}^{4p}K_{in} = 0.05 \text{ mM}$  when DHPRs are not activated and  $1.5 \text{ mM}$  when DHPRs are maximally activated.

Time-dependent changes of specific properties associated with the functional state of  $\text{rRyR}$ s and  $\text{ncRyR}$ s in a couplon following perturbations induced by sudden 30-fold rise in apparent dissociation constant at the inhibitory  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites of  $\text{rRyR}$ s were obtained by numerically solving the set of four differential Eqs. 12, 13, 14, and 15 in  $[\text{Ca}^{2+}(t)]_{js}$ ,  $[\text{Ca}^{lp}A(t)]/[\text{lp}A_{Total}]$ ,  $[\text{Mg}^{lp}A(t)]/[\text{lp}A_{Total}]$ , and  $[\text{Ca}^{2+}(t)]_{SR}$  with Wolfram Mathematica online (program scripts provided in Data S1, S2, S3, S4, S5, and S6).

Eq. 12 is derived from Eqs. 1, 8, 9, and 11 where  $\text{Ca}^{2+} - \text{inflow}(t) = k_{SRJS}([\text{Ca}^{2+}(t)]_{SR} - [\text{Ca}^{2+}(t)]_{js})$ ,  $\text{Ca}^{2+} - \text{outflow}(t) = k_{diff}([\text{Ca}^{2+}(t)]_{js} - 0.067\mu\text{M})$ , and  $P_{A0}(t) = ((0.56 + \frac{0.35}{1 + \frac{250\mu\text{M}}{[\text{Ca}^{2+}(t)]_{SR}}})(1 - \frac{[\text{Ca}^{lp}A(t)]}{[\text{lp}A_{Total}]} - \frac{[\text{Mg}^{lp}A(t)]}{[\text{lp}A_{Total}]} + 0.963 \frac{[\text{Ca}^{lp}A(t)]^4}{[\text{lp}A_{Total}]^4})$  and describes the time dependence of  $[\text{Ca}^{2+}(t)]_{js}$  immediately after the sudden 30-fold rise in  ${}^{4p}K_{in}$  from 0.05 to  $1.5 \text{ mM}$ :

$$\begin{aligned} d[\text{Ca}^{2+}(t)]_{js}/dt = & \text{Ca}^{2+} - \text{inflow}(t) - \text{Ca}^{2+} - \text{outflow}(t) = \\ & 1,964\text{ms}^{-1} \times ([\text{Ca}^{2+}(t)]_{SR} - [\text{Ca}^{2+}(t)]_{js}) - (\text{ncP}_0(t) + \text{rP}_0(t)) - \end{aligned}$$

$$(14\text{ms}^{-1} + 7,216\text{ms}^{-1}P_{A0}(t)) \times ([\text{Ca}^{2+}(t)]_{js} - 0.067\mu\text{M}) =$$

$$1,964\text{ms}^{-1} \left( [\text{Ca}^{2+}(t)]_{SR} - [\text{Ca}^{2+}(t)]_{js} \right) \left( 0.56 + \frac{0.35}{1 + \frac{250\mu\text{M}}{[\text{Ca}^{2+}(t)]_{SR}}} \right) \times$$

$$\left( 1 - \frac{[\text{Ca}^{lp}A(t)]}{[\text{lp}A_{Total}]} - \frac{[\text{Mg}^{lp}A(t)]}{[\text{lp}A_{Total}]} \right) + 0.963 \frac{[\text{Ca}^{lp}A(t)]^4}{[\text{lp}A_{Total}]^4} \times$$

$$\left( \frac{1}{1 + \frac{([\text{CaMg}(t)]_{js})^2}{(0.05\text{mM})^2}} + \frac{1}{1 + \frac{([\text{CaMg}(t)]_{js})^4}{(1.5\text{mM})^4}} \right) - (14\text{ms}^{-1} + 7,216\text{ms}^{-1} \times$$

$$\left( 0.56 + \frac{0.35}{1 + \frac{250\mu\text{M}}{[\text{Ca}^{2+}(t)]_{SR}}} \right) \left( 1 - \frac{[\text{Ca}^{lp}A(t)]}{[\text{lp}A_{Total}]} - \frac{[\text{Mg}^{lp}A(t)]}{[\text{lp}A_{Total}]} \right) +$$

$$0.963 \frac{[\text{Ca}^{lp}A(t)]^4}{[\text{lp}A_{Total}]^4} ([\text{Ca}^{2+}(t)]_{js} - 0.067\mu\text{M})$$

(12)

Eqs. 13 and 14 are derived from Eqs. A23 and A24 in Appendix 1, respectively, considering that  $[\text{M}_m^{+}]_{js} = 150 \text{ mM}$  and  $K_{Mm} = 172.1 \text{ mM}$  (Table 1) and describe the time-dependent changes of the normalized levels of  $\text{Ca}^{2+}$ - and  $\text{Mg}^{2+}$ - occupancy at the protomeric A-sites in the couplon:

$$d\left(\frac{[\text{Ca}^{lp}A(t)]}{[\text{lp}A_{Total}]}\right)/dt = 0.2273 \mu\text{M}^{-1}\text{ms}^{-1}[\text{Ca}^{2+}(t)]_{js} \times$$

$$\left( 1 - \frac{[\text{Ca}^{lp}A(t)]}{[\text{lp}A_{Total}]} - \frac{[\text{Mg}^{lp}A(t)]}{[\text{lp}A_{Total}]} \right) -$$

$$0.028\text{ms}^{-1} \frac{[\text{Ca}^{lp}A(t)]}{[\text{lp}A_{Total}]}$$

(13)

$$d\left(\frac{[\text{Mg}^{lp}A(t)]}{[\text{lp}A_{Total}]}\right)/dt = 227.3\text{ms}^{-1} \times$$

$$\left( 1 - \frac{[\text{Ca}^{lp}A(t)]}{[\text{lp}A_{Total}]} - \frac{[\text{Mg}^{lp}A(t)]}{[\text{lp}A_{Total}]} \right) -$$

$$12.26\text{ms}^{-1} \left( 1 + \frac{[\text{Ca}(t)]_{SR}}{346.6\mu\text{M}} \right) \frac{[\text{Mg}^{lp}A(t)]}{[\text{lp}A_{Total}]}$$

(14)

Finally, Eq. 15 describes the time course of  $[Ca^{2+}]_{SR}$  and was derived from Eq. 10 after  ${}^{nc}P_o(t) + {}^cP_o(t)$  was substituted with the expression given in Eq. 11:

$$\begin{aligned} d[Ca^{2+}(t)]_{SR}/dt = & -7.25ms^{-1} \left( [Ca^{2+}(t)]_{SR} - [Ca^{2+}(t)]_{js} \right) \times \\ & \left( (0.56 + \frac{0.35}{1 + 250\mu M/[Ca^{2+}(t)]_{SR}}) \left( 1 - \frac{[Ca^{1p}A(t)]}{[{}^{1p}A_{Total}]} - \frac{[Mg^{1p}A(t)]}{[{}^{1p}A_{Total}]} \right) + \right. \\ & 0.963 \frac{[Ca^{1p}A(t)]}{[{}^{1p}A_{Total}]} \left. \left( \frac{1}{1 + \frac{([CaMg(t)]_{js})^2}{(0.05mM)^2}} + \frac{1}{1 + \frac{([CaMg(t)]_{js})^4}{({}^{4p}K_{in})^4}} \right) \times \right. \\ & \left. \frac{\left( 1 + \frac{[Ca^{2+}(t)]_{SR}}{1mM} \right)^2}{37.1 + \left( 1 + \frac{[Ca^{2+}(t)]_{SR}}{1mM} \right)^2} \right) \end{aligned} \quad (15)$$

Fig. 1 A shows the predicted timecourse of  $[Ca^{2+}(t)]_{js}$  after the sudden reduction of inhibition at the low-affinity  $Ca^{2+}/Mg^{2+}$  I1 sites of  $\gamma$ RyR1s in a couplon caused by maximal activation of the DHPRs in a mammalian muscle fiber. At time zero,  ${}^{4p}K_{in}$  suddenly rises from 0.05 to 1.5 mM in the  $\gamma$ RyR1s of a couplon induced by the simultaneous maximal activation of the associated DHPRs (as considered in Eq. 12).  $Mg^{2+}$  dissociates very quickly from the  $Ca^{2+}/Mg^{2+}$  I1 sites of  $\gamma$ RyR1s with a rate constant  $k_{off}$  in the order of  $6 \times 10^5 s^{-1}$  ( $4 \times 10^8 M^{-1} s^{-1} \times 1.5 mM$ ), ensuring the swift reduction of inhibition at the I1 sites of  $\gamma$ RyR1s within few  $\mu s$  that, in turn, induces a 581-fold rise of  $[Ca^{2+}]_{js}$  from 0.203 nM to 70  $\mu M$  within 0.5 ms (see inset in Fig. 1 A). The very large rise in  $[Ca^{2+}]_{js}$  facilitates the rapid displacement of  $Mg^{2+}$  from the A-sites on all RyR1 protomers in the couplon so as to increase the  $Ca^{2+}$  occupancy at the A-sites from 14.6% at rest to 97% within 2 ms following the DHPR-induced rise in  ${}^{4p}K_{in}$  (Fig. 1 B). With the SR  $Ca^{2+}$  pump blocked, there is a rapid SR  $Ca^{2+}$  depletion such that  $[Ca^{2+}]_{SR}$  decreases 89% of the initial value after 20 ms and 99.2% after 500 ms of maximal DHPR activation (Fig. 1 C). Meanwhile, the open probability of the DHPR-coupled RyR1s ( ${}^cP_o(t)$ ) shoots up from  $1.2 \times 10^{-8}$  to 0.62 within 4 ms (while  ${}^{nc}P_o(t)$  only rises from  $4.8 \times 10^{-6}$  to  $1.7 \times 10^{-3}$ ) causing the SR  $Ca^{2+}$  permeability to increase from 0.0095 to 1,200  $ms^{-1}$  in 3.5 ms (inset in Fig. 1 C). The large increase in  ${}^cP_o(t)$  supports an SR  $Ca^{2+}$  flux into the cytosol at large with a peak of 61.0  $\mu M ms^{-1}$  (expressed as  $Ca^{2+}$  released per volume of cytoplasmic water) after 1.8 ms following excitation (Fig. 1 D). Note that the maximal rate of SR  $Ca^{2+}$  release into the cytosol can exceed 100  $\mu M ms^{-1}$  if all  $\gamma$ RyR1s in the couplon become activated and induce the simultaneous activation of all adjacent  ${}^{nc}$ RyR1s as suggested by experiments where two or more RyR1s that are physically connected when incorporated in lipid bilayers can open and close simultaneously (Marx et al., 1998; Laver et al., 2004; Porta et al., 2012).

The inset in Fig. 1 D shows the time course of the SR  $Ca^{2+}$  flux into the cytosol when the SR  $Ca^{2+}$  pump is very active, returning 200  $\mu M$   $Ca^{2+}$  (relative to SR volume)  $ms^{-1}$  ( $1 - [Ca^{2+}(t)]_{SR}/400 \mu M$ ) that would fill the empty SR in a resting fiber in a matter of 200 ms.  $[Ca^{2+}]_{SR}$  decreases by 82.5% of its initial value after 20 ms of maximal stimulation and then equilibrates at 59.5  $\mu M$ . The reduced  $Ca^{2+}$  gradient across the SR membrane causes the SR  $Ca^{2+}$  release flux to drop to a lower level without the pump having any significant effect on the peak of the SR  $Ca^{2+}$  release flux into the cytosol (inset Fig. 1 D). Thus, as the simulation shows, the SR  $Ca^{2+}$  flux will decrease from an early peak to a lower level at constant stimulation when the SR- $Ca^{2+}$  release flux exceeds the  $Ca^{2+}$  return flux by the SR- $Ca^{2+}$  pump. The reduction in the  $Ca^{2+}$  flux entering the JS further reduces  $[Ca^{2+}]_{js}(t)$ , causing  ${}^cP_o$  and SR membrane permeability to decrease, the outcome resembling a  $Ca^{2+}$  inactivation process of RyR1s.

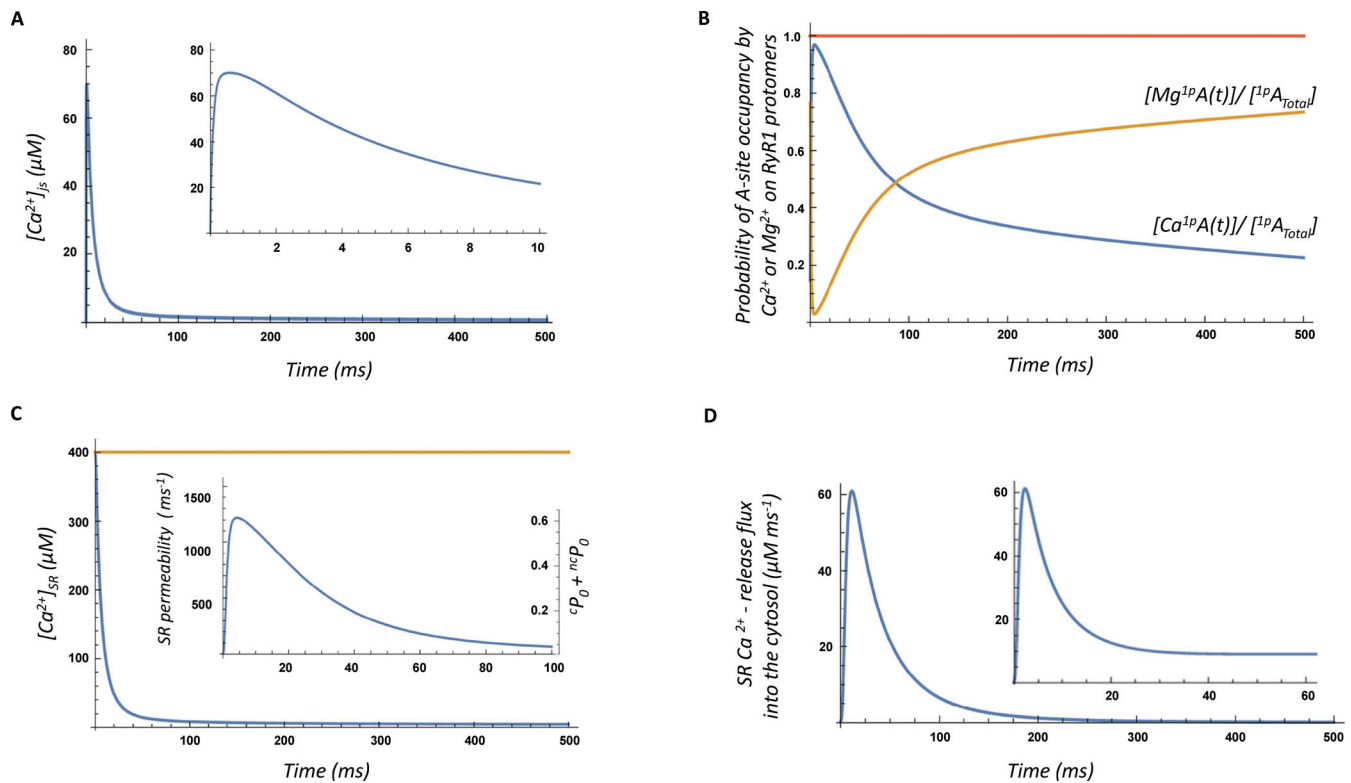
According to simulations shown in Fig. 2,  $[Ca^{2+}]_{js}(t)$  and SR  $Ca^{2+}$  release flux are determined by the fraction of DHPR-activated  $\gamma$ RyR1s. Consequently, the charge movement associated with DHPR activation of  $\gamma$ RyR1s is a measure of DHPR-activated  $\gamma$ RyR1s. The close association between SR  $Ca^{2+}$  release and fraction of DHPR-activated  $\gamma$ RyR1s shown in Fig. 2 will therefore result in voltage control of  $Ca^{2+}$ -release through voltage-dependent DHPR-activation.

### The proposed mechanism of DHPR-dependent activation of $Ca^{2+}$ release is robust in the presence of $Ca^{2+}$ buffers and when the SR $Ca^{2+}$ content is reduced

Let us assume that 10 mM of a fast  $Ca^{2+}$  buffer such as BAPTA is present in the cytosol at large in a resting mammalian muscle fiber at the time of stimulation. The  $Ca^{2+}$ -bound form of BAPTA ( $CaBAPTA^{2-}$ ) carries two negative charges suggesting that the diffusiveness of  $CaBAPTA^{2-}$  across a negatively charged JS/cytosol barrier is orders-of-magnitude smaller compared with that of  $Ca^{2+}$  as it is the case for  $CaEGTA^{2-}$ , discussed above. The very large difference between the diffusiveness of  $Ca^{2+}$  and  $CaEGTA^{2-}$  or  $CaBAPTA^{2-}$  ensures that a steady  $Ca^{2+}$  leak into the JS generates a  $[Ca^{2+}]_{js} - [Ca^{2+}]_c$  difference that is about the same at steady-state in the absence as in the presence of mM BAPTA or EGTA.

The association rate constant of  $Ca^{2+}$  to BAPTA ( ${}^{BAPTA}k_{on}$ ) and the dissociation rate constant of  $Ca^{2+}$  from  $CaBAPTA^{2-}$  ( ${}^{BAPTA}k_{off}$ ) were taken as  $4.5 \times 10^8 M^{-1} s^{-1}$  ( $= 0.45 \mu M^{-1} ms^{-1}$ ) and  $79 s^{-1}$  ( $= 0.079 ms^{-1}$ ), respectively, based on the study of Naraghi (1997) conducted at pH 7.2 and 22°C. Consequently, the dissociation equilibrium constant for BAPTA,  ${}^{BAPTA}K_D = {}^{BAPTA}k_{off}/{}^{BAPTA}k_{on}$  is 0.1756  $\mu M$  and the concomitant changes in  $[Ca^{2+}(t)]_{js}$ ,  $[CaBAPTA]_{js}$  ( $[CaBAPTA(t)]_{js}$ ) and  $[BAPTA_{free}]_{js}$  (10,000  $\mu M - [CaBAPTA(t)]_{js}$ ) are governed by Eqs. 16 and 17:

$$\begin{aligned} d[CaBAPTA(t)]_{js}/dt = & 0.45\mu M^{-1}ms^{-1}[Ca^{2+}(t)]_{js} \times \\ & (10,000\mu M - [CaBAPTA(t)]_{js}) - 0.079ms^{-1} \times \\ & [CaBAPTA(t)]_{js} = -0.079ms^{-1}[CaBAPTA(t)]_{js} \times \\ & (1 + 5.696\mu M^{-1}[Ca^{2+}(t)]_{js}) + 4,500ms^{-1}[Ca^{2+}(t)]_{js} \end{aligned} \quad (16)$$



**Figure 1. Predicted time course of  $[Ca^{2+}(t)]_{js}$  and  $Ca^{2+}$ -release properties of mammalian muscle fibers following sudden, DHPR-activation dependent reduction of  $Mg^{2+}$  inhibition at  $Ca^{2+}/Mg^{2+}$  II sites of  $RyR1s$ .** (A) Time course of  $[Ca^{2+}(t)]_{js}$  on 0.5 s and an expanded time scale in the inset, following maximal DHPR activation in a couplon at  $t = 0$ . The peak of  $[Ca^{2+}(t)]_{js}$  exceeds 70  $\mu M$  due to the massive increase in the junctional SR permeability for  $Ca^{2+}$  and the limited diffusiveness of  $Ca^{2+}$  across the JS/cytosol barrier. (B) Time course of  $Ca^{2+}$  and  $Mg^{2+}$  occupancy of individual/protomeric A-sites of  $RyR1s$  in a couplon. (C) Time course of SR  $Ca^{2+}$  depletion ( $[Ca^{2+}(t)]_{SR}$ ), changes in junctional SR permeability for  $Ca^{2+}$  ( $k_{SRJS}$ ) (inset, left-hand side vertical scale), and open probability of one DHPR-coupled  $RyR1$  ( $P_0(t)$ ) and one DHPR-noncoupled  $RyR1$  ( $nP_0(t)$ ) in the JS (inset, right-hand side vertical scale). Before stimulation  $nP_0(t)/P_0(t) \approx 400$  and decreases to  $\approx 0.0027$  at the peak of SR permeability for  $Ca^{2+}$ . (D) Time course of SR  $Ca^{2+}$ -release flux into the cytosol ( $\mu M$   $Ca^{2+}$  released per volume of cytosol per ms). The inset depicts the predicted SR  $Ca^{2+}$ -release flux into the cytosol if the SR  $Ca^{2+}$  pump was very active, returning 200  $\mu M$   $Ca^{2+}$  (relative to SR volume)  $ms^{-1}$  ( $1 - [Ca^{2+}(t)]_{SR}/400 \mu M$ ), which would fill the empty SR in a non-stimulated "fiber" in  $<200$  ms. Note that the peak SR  $Ca^{2+}$  efflux is hardly affected when the SR  $Ca^{2+}$  pump is active. The orange lines in B and C show the maximum probability of A-site occupancy (1.0) and  $[Ca^{2+}(0)]_{SR}$ , respectively.

$$d[Ca^{2+}(t)]_{js}/dt = 1,964ms^{-1}([Ca^{2+}(t)]_{SR} - [Ca^{2+}(t)]_{js}) \times (nP_0(t) + P_0(t)) + 0.079ms^{-1}[CaBAPTA(t)]_{js} \times (1 + 5.696\mu M^{-1}[Ca^{2+}(t)]_{js}) - 4,500ms^{-1}[Ca^{2+}(t)]_{js} - (14ms^{-1} + 7,216ms^{-1}P_{A0}(t))([Ca^{2+}(t)]_{js} - 0.067\mu M) \quad (17)$$

where  $(nP_0(t) + P_0(t))$  is given by Eq. 11 and  $P_{A0}(t) = (0.56 + (0.35/(1 + 250\mu M/[Ca^{2+}(t)]_{SR}))) \times (1 - \frac{[Ca^{1p}A(t)]}{[1pA_{Total}]} - \frac{[Mg^{1p}A(t)]}{[1pA_{Total}]} + 0.963\frac{[Ca^{1p}A(t)]}{[1pA_{Total}]}^4$ .

The time course of  $[Ca^{2+}(t)]_{js}$  and that of the other parameters associated with the functional state of  $RyR1s$  and  $nRyR1s$  in couplons following the sudden DHPR-activation-dependent decreased inhibition at the II sites of  $RyR1s$  in the presence of 10 mM BAPTA was predicted by numerically solving the system of Eqs. 13, 14, 15, 16, and 17 with Wolfram Mathematica online for two sets of conditions when the "fiber" was at rest, before being stimulated. In one case, the values of the parameters in the fiber at rest were same as those in the absence of 10 mM BAPTA ( $[Ca^{2+}]_{SR} = 400 \mu M$ ,  $[Ca^{2+}]_{js} = 203$  nM,  $[Ca^{2+}]_c = 67$  nM,  $[Mg^{2+}]_{js} =$

1 mM and  $[M_m^{+}]_{js} = 150$  mM). In the other case, the SR was severely depleted of  $Ca^{2+}$  with  $[Ca^{2+}]_{SR} = 100 \mu M$ , but  $[Ca^{2+}]_{js}$ ,  $[Mg^{2+}]_{js}$  and  $[M_m^{+}]_{js}$  were kept the same as in the first case to permit more direct examination of the effect of SR  $Ca^{2+}$  depletion on the activation of SR  $Ca^{2+}$  release. The marked reduction in the  $Ca^{2+}$  leak into the JS at rest caused by the lower luminal SR  $Ca^{2+}$  can only sustain a difference of  $\sim 5$  nM between  $[Ca^{2+}]_{js}$  and  $[Ca^{2+}]_c$ . Therefore,  $[Ca^{2+}]_c$  at rest was deemed to be 198 nM ( $= 203 - 5$  nM) in this case. All other assumptions detailed in the paragraph prior to the description of Eq. 11 were also adopted for computing the time course of  $Ca^{2+}$  release in the presence of 10 mM BAPTA.

When the SR is endogenously loaded with  $Ca^{2+}$  at the time of DHPR activation, the  $[Ca^{2+}(t)]_{js}$  response is slightly delayed in 10 mM BAPTA (Fig. 3 A and inset) than in the absence of BAPTA (Fig. 1 A and inset), but it reaches the same peak (70  $\mu M$ ) after 3 ms with BAPTA and after 0.6 ms without BAPTA. The SR  $Ca^{2+}$ -release flux into the cytosol (inset in Fig. 3 B) reaches a peak that is just a fraction higher in the presence than in the absence of BAPTA (61.5 versus 61.0  $\mu M$  per volume of cytosol  $ms^{-1}$ , respectively) due in part to the slightly delayed decrease in  $[Ca^{2+}(t)]_{SR}$  (Fig. 3 B).



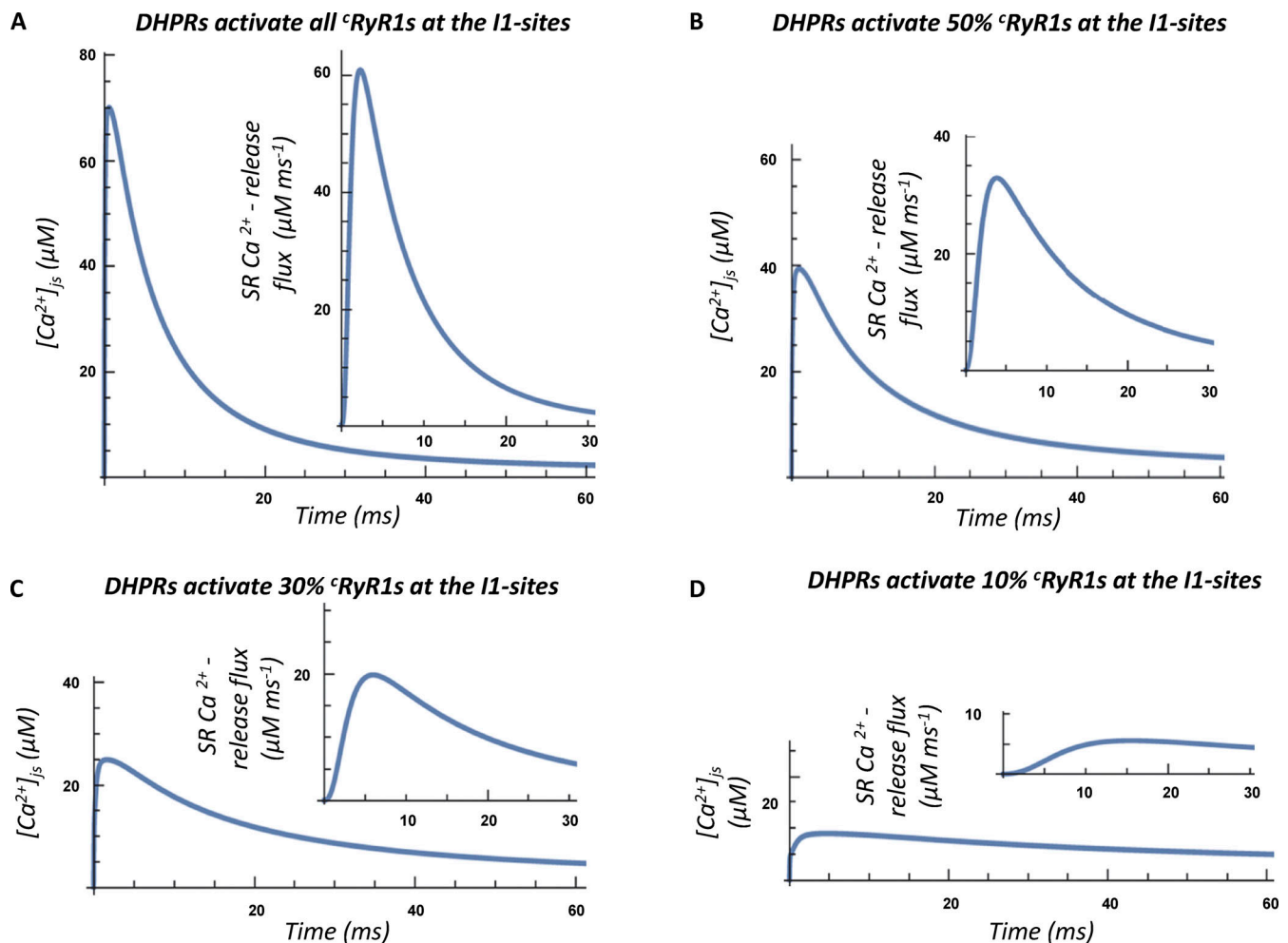
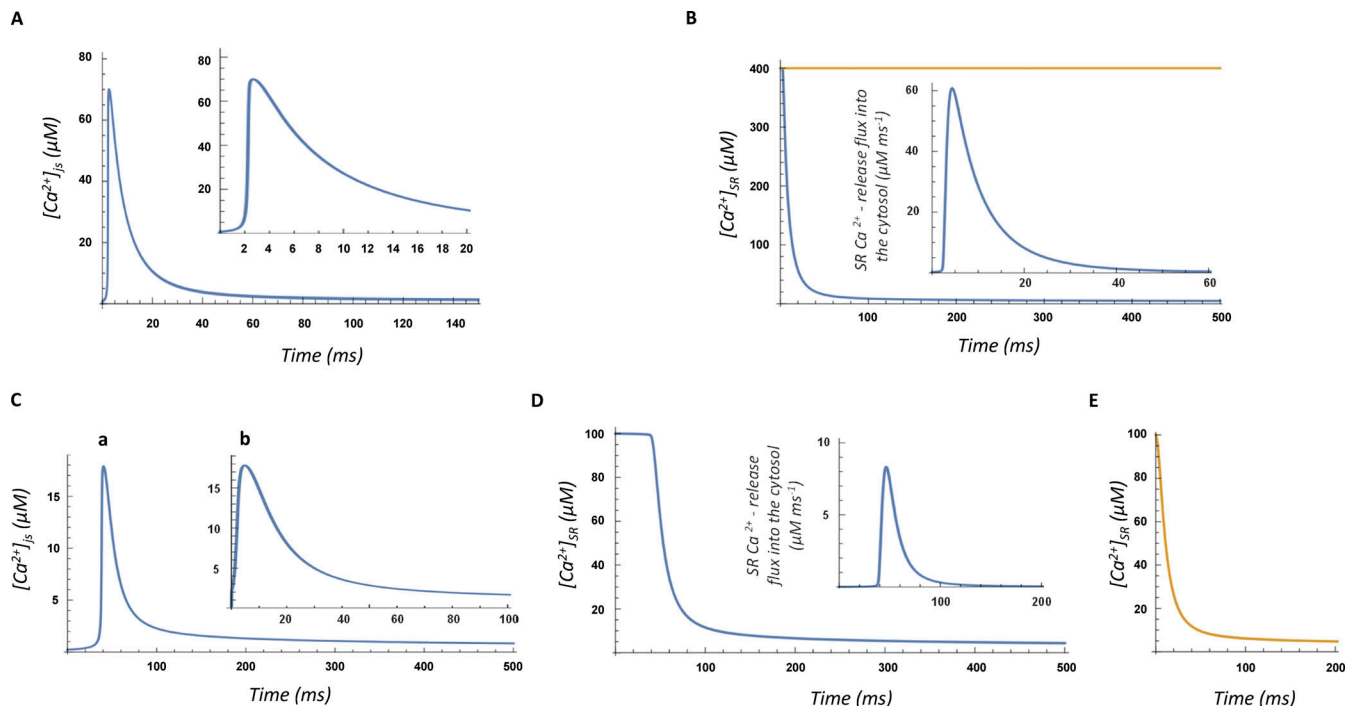


Figure 2. **Ca<sup>2+</sup>-release dependence on levels of DHPR-activation.** (A–D) Predicted time course of  $[Ca^{2+}(t)]_{js}$  and SR  $Ca^{2+}$ -release flux ( $t$ ) at the maximal level of DHPR-activation and when the percentage of  $cRyR1$ s with DHPR-activation-dependent reduction of inhibition at the I1 sites is decreased (B) to 50%, (C) to 30%, and (D) to 10%. The graded reduction of  $Ca^{2+}$  release when the fraction of DHPR-activated  $cRyR1$ s is decreased at lower levels of DHPR-activation shows that the regenerative  $Ca^{2+}$  release is under DHPR control and implicitly under voltage control.

In contrast, when the SR is severely depleted of  $Ca^{2+}$  at time of maximum DHPR activation ( $[Ca^{2+}(0)]_{SR} = 100 \mu M$ ) in 10 mM BAPTA, there is a relatively long delay after stimulation ( $\sim 35$  ms) for  $[Ca^{2+}(t)]_{js}$  to reach the threshold for producing a spike (Fig. 3 C trace a). The inset in Fig. 3 C (trace b) displays the time course of  $[Ca^{2+}(t)]_{js}$  when  $[Ca^{2+}]_{SR}(0) = 100 \mu M$  in the absence of BAPTA, showing that the presence of BAPTA is responsible for the delay, but does not affect  $[Ca^{2+}(t)]_{js}$  peak height. Similarly, in the presence of 10 mM BAPTA, there is a delay before  $[Ca^{2+}]_{SR}$  starts to decrease more rapidly (Fig. 3 D) and before SR  $Ca^{2+}$ -release flux into the cytosol reaches its peak (inset in Fig. 3 D). When  $[Ca^{2+}]_{SR}(0) = 100 \mu M$  in the absence of BAPTA,  $[Ca^{2+}]_{SR}$  decreases rapidly without delay after stimulation, while the SR  $Ca^{2+}$ -release flux reaches the same peak height as in the presence of BAPTA 9.1 ms after stimulation (Fig. 3 E). Significantly, if 10 mM BAPTA is replaced with 10 mM EGTA, which binds and releases  $Ca^{2+}$  slower than BAPTA ( $^{EGTA}k_{on} = 0.00167 \mu M^{-1} ms^{-1}$ ,  $^{EGTA}k_{off} = 0.00031 ms^{-1}$ ) and the SR is severely depleted of  $Ca^{2+}$  at time of DHPR activation, the spike in  $[Ca^{2+}(t)]_{js}$  occurs

without delay and the SR  $Ca^{2+}$ -release flux starts rising within 2 ms (Data S4).

There is an apparent discrepancy between the  $\sim 35$ -ms delay predicted by the model for the onset of  $[Ca^{2+}]_{SR}$  decrease after stimulation in the presence of 10 mM BAPTA when  $[Ca^{2+}]_{SR}(0) = 100 \mu M$  (Fig. 3 D) and the absence of such delay in experiments of Olivera and Pizarro (2018), who measured the time course of  $[Ca^{2+}]_{SR}$  in frog muscle fibers after stimulation following SR  $Ca^{2+}$  depletion to  $[Ca^{2+}]_{SR} = 100 \mu M$  in the presence of 20 mM BAPTA (see Fig. 3 B in their paper). The depletion of  $[Ca^{2+}]_{SR}$  in these experiments occurred after the addition of 20 mM BAPTA (2.04 mM CaBAPTA<sup>2-</sup> and 17.96 mM BAPTA<sup>4-</sup> at 20 nM  $[Ca^{2+}]$  with Cs<sup>+</sup> as counterion) to an internal Cs-based solution of  $\sim 150$  mM ionic strength. The addition of 20 mM BAPTA would have increased the overall ionic strength of the internal solution by about 186–336 mM, which, in turn, would have raised  $K_{in}$  to  $\geq 2.5$  mM according to measurements of Laver et al. (2004) using Cs-based solutions of similar ionic strength (see their Fig. 1 and Table 1). A greater  $K_{in}$  would reduce inhibition at the  $Ca^{2+}/Mg^{2+}$  I1 sites of non-DHPR-coupled RyRs at constant cytosolic  $[Mg^{2+}]$



**Figure 3. Predicted time course of parameters associated with  $\text{Ca}^{2+}$  release in mammalian muscle fibers following sudden, DHPR-activation-dependent reduction of  $\text{Mg}^{2+}$  inhibition at  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1-sites of  $\text{RyR1s}$  in the presence of BAPTA.** (A and B) Predicted time course of  $[\text{Ca}^{2+}(t)]_{\text{js}}$ ,  $[\text{Ca}^{2+}]_{\text{SR}}$ , and SR  $\text{Ca}^{2+}$  release flux into the cytosol upon DHPR-activation-dependent reduction of  $\text{Mg}^{2+}$  inhibition at  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites of  $\text{RyR1s}$  in the presence of 10 mM BAPTA for ionic conditions at rest that are the same as in the absence of BAPTA and SR was loaded with  $\text{Ca}^{2+}$  at endogenous level ( $[\text{Ca}^{2+}]_{\text{SR}} = 400 \mu\text{M}$ ) prior to stimulation. The orange line in B shows  $[\text{Ca}^{2+}(0)]_{\text{SR}}$ . (C and D) Predictions for severely depleted SR of  $\text{Ca}^{2+}$  at the time of stimulation ( $[\text{Ca}^{2+}]_{\text{SR}}(0) = 100 \mu\text{M}$ ) in the presence of 10 mM BAPTA. The cationic conditions in the JS at time of stimulation for trace a in C and for both traces in D were the same as those at rest used for panel A and B to ensure that the  $\text{Ca}^{2+}$  buffering capacity of 10 mM BAPTA in the JS was the same at time of stimulation when the SR was endogenously loaded or severely depleted of  $\text{Ca}^{2+}$ . For comparison purposes, trace b in C shows the time course of  $[\text{Ca}^{2+}(t)]_{\text{js}}$  when  $[\text{Ca}^{2+}]_{\text{SR}}(0) = 100 \mu\text{M}$  in the absence of BAPTA. The inset in D shows the SR  $\text{Ca}^{2+}$ -release flux into the cytosol when the SR at rest is severely depleted of  $\text{Ca}^{2+}$ . (E) Simulation of the time course of  $[\text{Ca}^{2+}]_{\text{SR}}$  in a muscle fiber with depleted SR at the time of stimulation ( $[\text{Ca}^{2+}]_{\text{SR}}(0) = 100 \mu\text{M}$ ) in a solution of elevated ionic strength that increased  $K_{\text{in}}$  (and  ${}^4\text{P}K_{\text{in}}$ ) from 0.05 to 0.25 mM in the presence of 20 mM BAPTA and 20 nM  $[\text{Ca}^{2+}]_{\text{c}}$  (see text). The increased  $K_{\text{in}}$  reduces inhibition at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites at rest and increases the SR  $\text{Ca}^{2+}$  leak into the JS despite the reduction in  $[\text{Ca}^{2+}]_{\text{SR}}$  from 400 to 100  $\mu\text{M}$  causing  $[\text{Ca}^{2+}]_{\text{js}}$  to rise to 1.6  $\mu\text{M}$  at time of stimulation. Under these conditions, the sudden 30-fold DHPR-activation-induced rise of  ${}^4\text{P}K_{\text{in}}$  to 7.5 mM causes SR  $\text{Ca}^{2+}$  release with no significant delay, despite severe SR  $\text{Ca}^{2+}$  depletion.

( $\sim 1$  mM). Consequently,  $P_{\text{I0}}$  in the muscle fibers at rest would have risen considerably in the experiments of [Olivera and Pizarro \(2018\)](#) after the addition of 20 mM BAPTA and would have caused the SR  $\text{Ca}^{2+}$  leak into the JS and the rest of the cytosol to rise in spite of a gradual decrease of  $[\text{Ca}^{2+}]_{\text{SR}}$  from 400 to 100  $\mu\text{M}$ , as was indeed reported by [Olivera and Pizarro \(2018\)](#). As a result,  $[\text{Ca}^{2+}]_{\text{js}}$  at time of stimulation would have been sizably greater in the experiments of [Olivera and Pizarro \(2018\)](#) than 203 nM considered in the model simulation shown in [Fig. 3 D](#). In the model simulation shown in [Fig. 3 E](#), a rise in  $K_{\text{in}}$  (and  ${}^4\text{P}K_{\text{in}}$ ) from 0.05 to 0.25 mM (rather than to 2.5 mM) caused  $[\text{Ca}^{2+}]_{\text{js}}$  to rise to 1.6  $\mu\text{M}$  when  $[\text{Ca}^{2+}]_{\text{SR}} = 100 \mu\text{M}$  at the time of stimulation and produce a prompt decline of  $[\text{Ca}^{2+}]_{\text{SR}}$  upon stimulation, as reported by [Olivera and Pizarro \(2018\)](#) in their experiments (Data S6). Thus, apparent controversies between experimental observations and model-based predictions could be simply due to differences between perceived values of parameters at the time of stimulation in experimental settings and actual values used in model-based simulations.

It is also important to mention that the proposed mechanism of  $\text{Ca}^{2+}$  release predicts that maximal DHPR activation induces a regenerative  $\text{Ca}^{2+}$  release spike even when  $[\text{Ca}^{2+}]_{\text{SR}}$  is reduced to 10  $\mu\text{M}$  in the presence of 10 mM BAPTA in the JS, and  $[\text{Ca}^{2+}]_{\text{js}} \approx [\text{Ca}^{2+}]_{\text{c}} = 0.10 \mu\text{M}$ . In this case, according to simulation,  $[\text{Ca}^{2+}(t)]_{\text{js}}$  reaches 1.3  $\mu\text{M}$  after 12.9 s of continuous stimulation if the DHPRs do not become inactivated and the diffusiveness of BAPTA across the JS/cytosol barrier under resting conditions is negligible over this period of 12.9 s (Data S3).

Taken together, these results highlight the robustness of the proposed hypothesis.

#### Overview of the putative mechanism of $\text{Ca}^{2+}$ release in skeletal muscle

Central to the proposed hypothesis is the presence of a diffusional JS/cytosol barrier that supports an elevated  $[\text{Ca}^{2+}]_{\text{js}}$  relative to  $[\text{Ca}^{2+}]_{\text{c}}$  in the presence of a small  $\text{Ca}^{2+}$  leak into the JS. Sudden activation of DHPRs on DHPR-coupled  $\text{RyR1s}/\alpha\text{-RyRs}$  induces a sudden, localized disturbance at the low-affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1-inhibitory sites of the coupled  $\text{RyR1s}/\alpha\text{-RyRs}$

by allosteric regulation. The signal between the sites of physical interaction of the four DHPRs with the four protomers of the  $\text{rRyR1}$  and the base of the  $\text{RyR1}$ , where the I1-sites are located is possibly transmitted via long levers that provide long-range allosteric pathway within the cytosolic shell of the  $\text{RyR1}$ s as recently proposed by [Nayak et al. \(2024\)](#). The disturbance at the I1 sites raises the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  equilibrium dissociation constant causing a small fraction of DHPR-activated  $\text{rRyR1}$ s to open their pores at the prevalent  $[\text{Ca}^{2+}]_{\text{js}}$  when inhibition at their I1 sites is eased. Consequently, the  $\text{Ca}^{2+}$  flux/leak into the JS rapidly rises and the presence of the JS/cytosol diffusional barrier facilitates the rise of  $[\text{Ca}^{2+}]_{\text{js}}$  that starts a regenerative  $\text{Ca}^{2+}$  activation process confined to the fraction of voltage-activated coupled  $\text{RyR1}$ s/ $\alpha\text{-RyR1}$ s. The rising  $[\text{Ca}^{2+}]_{\text{js}}$  causes  $\text{Ca}^{2+}$  to displace  $\text{Mg}^{2+}$  at the A-sites of  $\text{RyR1}$ s/ $\alpha\text{-RyR1}$ s leading to full activation of the DHPR-activated fraction of  $\text{RyR1}$ s/ $\alpha\text{-RyR1}$ s. As shown in [Fig. 2](#),  $[\text{Ca}^{2+}]_{\text{js}}(t)$  and SR  $\text{Ca}^{2+}$  release flux are governed by the fraction of DHPR-activated  $\text{rRyR1}$ s, which ensures voltage control of  $\text{Ca}^{2+}$ -release through voltage-dependent DHPR-activation. Increased  $\text{Ca}^{2+}$  diffusiveness across the JS/cytosol barrier by a mechanism analogous to that that opens floodgates in a reservoir when the level of water in the reservoir exceeds a certain level greatly enhances the  $\text{Ca}^{2+}$  flux from the JS into the bulk cytosol. Deactivation or inactivation of DHPRs rapidly reinstates inhibition at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites of the DHPR-coupled  $\text{RyR1}$ s/ $\alpha\text{-RyR1}$ s in the presence of 1 mM  $[\text{Mg}^{2+}]_{\text{js}}$ . Consequently, the vast majority of DHPR-coupled  $\text{RyR1}$ s/ $\alpha\text{-RyR1}$ s close,  $\text{Ca}^{2+}$  leak into the JS and  $[\text{Ca}^{2+}]_{\text{js}}$  declines, and  $\text{Mg}^{2+}$  binds to the A-sites of all  $\text{RyR1}$ s in the couplons, further reducing the size of the  $\text{Ca}^{2+}$  leak into the JS and  $[\text{Ca}^{2+}]_{\text{js}}$ .

### Points of caution

Essential to the proposed model for the mechanism of  $\text{Ca}^{2+}$  release in skeletal muscle by DHPRs is the existence of a diffusional barrier between the narrow space, where cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  regulatory sites are located on  $\text{RyR1}$ s, and the rest of the cytosol. There is evidence that this barrier displays low diffusiveness for  $\text{Ca}^{2+}$  at low  $[\text{Ca}^{2+}]_{\text{js}}$  ([Barclay and Launikonis, 2022](#)) and even a much lower diffusiveness (by orders of magnitude) for divalent anions such as  $\text{CaEGTA}^{2-}$  and  $\text{EGTA}^{2-}$  (as detailed in this paper), features that are typical of cation exchange membranes ([Tekinalp et al., 2023](#)). Such membranes carry fixed negative charges that severely reduce the diffusiveness of divalent anions relative to cations ([Tekinalp et al., 2023](#)). The extremely low diffusiveness of anions ensures that little exchange takes place between anions in the JS and those in the rest of the cytosol for relatively short periods of time after stimulation. As shown by simulations of the proposed model, the orders-of-magnitude lower diffusiveness of the barrier for divalent anions than for  $\text{Ca}^{2+}$  allows  $\text{Ca}^{2+}$  induced  $\text{Ca}^{2+}$ -release to produce a spike following stimulation even in the presence of large concentrations of negatively charged  $\text{Ca}^{2+}$  buffers like  $\text{CaEGTA}^{2-}/\text{EGTA}^{2-}$  or  $\text{CaBAPTA}^{2-}/\text{BAPTA}^{4-}$ . The precise nature of the barrier is not known, although it is likely to incorporate proteins present in the JS including DHPRs,  $\text{RyR1}$ s, JPHs, and possibly metabolic enzymes that are densely packed around myofibrils at triads. For the model to produce  $\text{Ca}^{2+}$  fluxes with

peak values reported in the literature, the diffusiveness of  $\text{Ca}^{2+}$  across the barrier needs to increase by orders-of-magnitude as  $[\text{Ca}^{2+}]_{\text{js}}$  rises. Movement in the cytosolic shells of  $\text{RyR1}$ s when control hubs associated with A-sites become activated may alter interactions between  $\text{RyR1}$ s with activated control hubs, activated DHPRs, and JPHs to increase the junctional gap between the SR and tubular membranes and change the properties of the barrier such as to allow  $\text{Ca}^{2+}$  to diffuse more freely from the JS into the rest of the cytosol. As suggested below, new experiments are needed to determine the nature of the barrier and characterize more fully its properties.

### Suggested experiments to test the proposed hypothesis

Two types of experiments are suggested to test the foundations on which this hypothesis is based.

The diffusional JS/cytosol barrier in mammalian skeletal muscle should be further characterized preferably using  $\text{Ca}^{2+}$  probes targeted to the JS ([Despa et al, 2014](#); [Luo and Hill, 2014](#); [Sanchez et al, 2021](#)) under conditions where the magnitude of the steady  $\text{RyR1}$   $\text{Ca}^{2+}$  leak is altered by changing the SR  $\text{Ca}^{2+}$ -loading, altering  $[\text{Mg}^{2+}]_{\text{o}}$ ,  $[\text{Ca}^{2+}]_{\text{o}}$  or introducing modulators of  $\text{RyR1}$  activity such as caffeine and low-level voltage-dependent activation of DHPRs. Alternatively, impermeant, low-affinity, negatively charged  $\text{Ca}^{2+}$ -dyes that diffuse very slowly across JS/cytosol barrier could be used with immobilized, freshly mechanically skinned muscle fibers with intact ECC ([Lamb and Stephenson, 2018](#)). The dye is first loaded for ~30–60 min into the JS from a cytosolic solution containing the dye. The dye is then thoroughly washed out from the cytosol at large with several rinses. Changes in the dye signal predominantly from the JS upon rapid alteration of the  $\text{Ca}^{2+}$  leak could provide new information in support or against the presence of a selective diffusional barrier between the JS and the cytosol at large on which the hypothesis is based.

According to predictions based on the proposed hypothesis, there is a delay before a regenerative  $\text{Ca}^{2+}$  release spike occurs in the presence of 10 mM BAPTA (but not in the presence of 10 mM EGTA) after stimulation that causes DHPR activation when  $[\text{Ca}^{2+}]_{\text{SR}} \leq 0.1$  mM. Measurements of SR  $\text{Ca}^{2+}$  release in mammalian muscle fibers, similar to those performed by [Olivera and Pizarro \(2018\)](#), under conditions that  $[\text{Ca}^{2+}]_{\text{SR}} \leq 0.1$  mM at the time of stimulation in the presence of  $[\text{Ca}^{2+}]_{\text{c}} < 10$  nM and critically that the ionic strength in the presence of 10 mM BAPTA is kept within the physiological range with  $\text{K}^{+}$  as the main cation in solution can provide evidence in support or against the proposed hypothesis.

## Appendix 1

### Ion competition model for $\text{Mg}^{2+}$ inhibition of $\text{RyR1}$ s

The dual-inhibition model of  $\text{RyR1}$  activity by  $\text{Mg}^{2+}$  in the presence of millimolar ATP specifies that  $\text{RyR1}$ s are inhibited when either  $\text{Mg}^{2+}$  is bound to cytosolic  $\text{Ca}^{2+}$  A-sites of the  $\text{RyR1}$ s or when cytosolic  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1-sites on the  $\text{RyR1}$ s are occupied by  $\text{Ca}^{2+}$  or  $\text{Mg}^{2+}$  (see reviews by [Laver 2018](#); [Meissner 2017](#); and references therein). Conversely, the  $\text{RyR1}$ s become maximally activated when the overall probability is highest for cytosolic

$\text{Ca}^{2+}$  A-sites to be occupied by  $\text{Ca}^{2+}$  and the cytosolic  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites are free of  $\text{Ca}^{2+}$  or  $\text{Mg}^{2+}$ .

The overall open probability ( $P_0$ ) of a RyR1 channel is described as the product between an activation term  $P_{A0}$  and an inhibition term  $P_{I0}$ :

$$P_0 = P_{A0} \times P_{I0} \quad (\text{A1})$$

The activation term  $P_{A0}$  expresses the probability that the control hub of the RyR1 molecule containing the  $\text{Ca}^{2+}$  A-sites causes the RyR1 pore to open when  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites on the RyR1 are not occupied by either  $\text{Ca}^{2+}$  or  $\text{Mg}^{2+}$ . On the other hand, the inhibition term  $P_{I0}$  expresses the probability that the pore of the RyR1 channel is not inhibited at the low-affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites.

Importantly, millimolar ATP activates RyR1s in the absence of  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}] = 1 \text{ nM}$ ) and  $\text{Mg}^{2+}$  (Smith et al., 1986; Meissner et al., 1986; Laver et al., 2004), and  $\text{Mg}^{2+}$  also potently inhibits RyR1 activation induced by ATP. These observations were quantitatively explained by reasoning that the pore of the RyR1 channel can open in the presence of millimolar ATP not only when  $\text{Ca}^{2+}$  is bound to the A-sites (as is the case in the absence of ATP) but also when the A-sites are free, or when two  $\text{M}_m^+$  are bound to them (and inhibition at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites is not complete) (Laver et al., 2004; see caption to Table II in Laver et al., 2004).  $P_i$  and  $P_{\max}$  express the level of RyR1 activation (0 to 1) at the A-sites when the A-sites are free or have two  $\text{M}_m^+$  bound to them, and when the A-sites are saturated with  $\text{Ca}^{2+}$ , respectively.

### Ion competition at individual $\text{Ca}^{2+}$ A-sites in the presence of ATP

All parameters associated with individual/protomeric ion binding sites on the RyR1 molecule are preceded by the “ $I_p$ ” superscript to distinguish them from corresponding parameters associated with activation of isolated RyR1 molecules that have four integrated protomers. The latter parameters are not preceded by a superscript.

Eq. A2 expresses the probability  $^{I_p}P_{A0}$  that an individual/protomeric A-site is activated in the presence of ATP by either  $\text{Ca}^{2+}$  being bound to it, by two  $\text{M}_m^+$  such as  $\text{K}^+$  (or  $\text{Cs}^+$ ) being bound to it, or by being free at various cytosolic concentrations of  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}]_c$ ),  $\text{Mg}^{2+}$  ( $[\text{Mg}^{2+}]_c$ ), and  $\text{M}_m^+$  ( $[\text{M}_m^+]_c$ ), when  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ , and  $\text{M}_m^+$  compete for binding to the respective A-site. In contrast, the individual A-site is inhibited when  $\text{Mg}^{2+}$  is bound to it. The equilibrium dissociation constant of cytosolic  $\text{Mg}^{2+}$  from an individual A-site has the lowest value in the absence of luminal  $\text{Ca}^{2+}$  and increases when luminal  $[\text{Ca}^{2+}]$  ( $[\text{Ca}^{2+}]_L$ ) rises due to a non-competitive allosteric process (Laver et al., 2004) according to the following relation:  $^{I_p}K_{Mg} (1 + [\text{Ca}^{2+}]_L / ^{I_p}K_L)$ , where  $^{I_p}K_{Mg}$  is the equilibrium dissociation constant of  $\text{Mg}^{2+}$  from the individual A-site in the absence of  $[\text{Ca}^{2+}]_L$ , and  $^{I_p}K_L$  is the  $\text{Ca}^{2+}$  dissociation constant from the luminal L-site of the respective protomer.  $^{I_p}P_i$  in Eq. A2 expresses the level of an individual A-site activation (0 to 1) in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ , when the A-site is free, or has two  $\text{M}_m^+$  bound to it, while  $^{I_p}P_{\max}$  expresses the level of activation at the A-site in the presence of millimolar ATP at saturating  $[\text{Ca}^{2+}]_c$ .  $^{I_p}K_{Mm}$  is the

dissociation constant of two  $\text{M}_m^+$  from the A-site considering that a divalent cationic site is likely to bind two  $\text{M}_m^+$  and  $^{I_p}K_{CaA}$  is the  $\text{Ca}^{2+}$  dissociation constant from the A-site. At steady state,

$$^{I_p}P_{A0} = \frac{\left( ^{I_p}P_i \left( 1 + \frac{[\text{M}_m^+]_c^2}{(^{I_p}K_{Mm})^2} \right) + ^{I_p}P_{\max} \frac{[\text{Ca}^{2+}]_c}{^{I_p}K_{CaA}} \right)}{1 + \frac{[\text{M}_m^+]_c^2}{(^{I_p}K_{Mm})^2} + \frac{[\text{Ca}^{2+}]_c}{^{I_p}K_{CaA}} + \frac{[\text{Mg}^{2+}]_c}{^{I_p}K_{Mg} \left( 1 + \frac{[\text{Ca}^{2+}]_L}{^{I_p}K_L} \right)}} \quad (\text{A2})$$

### Activation of isolated RyR1 molecules at $\text{Ca}^{2+}$ A-sites in the presence of millimolar ATP

Since the control hub of one RyR1 molecule includes the A- and L-sites of all four protomers, activation of the RyR1 hub would require that all four protomers have their A-site activated. In this scenario, the activation term  $P_{A0}$  in Eq. A1 expresses the probability that all four protomers on a RyR1 molecule have their A-site activated. Then, if each protomer is independently activated at its A-site with probability  $^{I_p}P_{A0}$ , the probability that all four protomers are activated is given by  $(^{I_p}P_{A0})^4$ , and  $P_{A0}$  is given by Eq. A3:

$$P_{A0} = (P_{A0I_p})^4 \quad (\text{A3})$$

Conversely, if the value of the activation term  $P_{A0}$  is known at the level of one RyR1 molecule, then the probability  $^{I_p}P_{A0}$  of an individual RyR1 protomer to have its A-site activated in the presence of millimolar ATP, is given by Eq. A4

$$P_{A0I_p} = (P_{A0})^{0.25} \quad (\text{A4})$$

Based on the experimental results of Laver et al. (2004) on the open probability of isolated RyR1s incorporated in lipid bilayers in the presence of 2 mM ATP and Eqs. A2, A3, and A4, one can derive all parameter values necessary to quantitatively describe activation at individual A-sites under different ionic conditions with respect to luminal  $\text{Ca}^{2+}$  and cytosolic  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ , and  $\text{M}_m^+$  concentrations, and quantitatively verify how well predictions based on Eqs. A2 and A3 can explain experimental observations made on isolated RyR1s.

### Derivation of parameter values for activation at individual $\text{Ca}^{2+}$ A-sites of RyR1 in the presence of millimolar ATP

#### Derivation of $^{I_p}P_{\max}$ and $^{I_p}P_i$ parameter values

The value of  $^{I_p}P_{\max}$  can be derived from the maximum RyR1 open probability,  $P_{\max}$ , when  $[\text{Ca}^{2+}]_c$  is raised in the absence of  $\text{Mg}^{2+}$  using Eq. A2. According to Table I of Laver et al. (2004),  $P_{\max} = 0.86$  at both 0.01 and 1 mM  $[\text{Ca}^{2+}]_L$ . Substituting  $P_{A0}$  with  $P_{\max}$  and  $^{I_p}P_{A0}$  with  $^{I_p}P_{\max}$  in Eq. A4, it follows that  $^{I_p}P_{\max} = 0.963$  and is independent of  $[\text{Ca}^{2+}]_L$  in the range 0.01–1 mM.

$^{I_p}P_i$  refers to the level of individual A-site activation in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ . According to Eq. A2  $^{I_p}P_{A0} = ^{I_p}P_i$  in the absence of cytosolic  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}]_c \leq 1 \text{ nM}$ ) and  $\text{Mg}^{2+}$ . Similarly,  $P_i$  refers to the level of individual A-site activation in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ , hence  $P_{A0} = P_i$ . Moreover, since all  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites on the RyR1 molecule are free in the



absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ , and therefore,  $P_{\text{IO}} = 1$ , it follows from Eq. A1 that  $P_0 = P_{\text{AO}} (= P_i)$ . Furthermore, since  ${}^{\text{IP}}P_{\text{AO}} = (P_{\text{AO}})^{0.25}$  in Eq. A4, it means that  ${}^{\text{IP}}P_i = {}^{\text{IP}}P_{\text{AO}} = (P_{\text{AO}})^{0.25} = (P_0)^{0.25}$  in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ . Laver et al. (2004) reported  $P_0$  values of  $0.21 \pm 0.16$  and  $0.25 \pm 0.07$  for RyR1s in the presence of 50 and 250 mM cytosolic  $[\text{Cs}^+]_c$ , respectively, when  $[\text{Ca}^{2+}]_L = 0.1$  mM,  $[\text{Ca}^{2+}]_c = 1$  nM, and  $[\text{Mg}^{2+}]_c = 0$  (Table III in Laver et al. (2004), Control column). Since the mean  $P_0$  values are close to each other and not statistically significantly different from each other, it indicates that  $P_0$  is not sensitive to  $[\text{M}_m^+]_c$  in the range 50–250 mM in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ . Using the mean average value for  $P_0 = 0.23$  in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  when  $[\text{Ca}^{2+}]_L = 0.1$  mM, it follows that  ${}^{\text{IP}}P_i \approx (0.23)^{0.25} = 0.6925$ . Similarly, the values reported by Laver et al. (2004) in Table III for  $P_0$  at  $[\text{Ca}^{2+}]_L = 1$  mM in 50 mM ( $0.45 \pm 0.20$ ) and 250 mM ( $0.58 \pm 0.06$ ) cytosolic  $[\text{Cs}^+]_c$  in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  are relatively close and not statistically significantly different from each other, supporting the view that  $P_i$  is not sensitive to  $[\text{M}_m^+]_c$  in the range 50–250 mM in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ . Taking the mean average value of 0.515 for  $P_0$  in the absence of cytosolic  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  when  $[\text{Ca}^{2+}]_L = 1$  mM, it follows that  ${}^{\text{IP}}P_i \approx (0.515)^{0.25} = 0.8471$ .

When  $[\text{Ca}^{2+}]_L$  was raised to 3 mM in the absence of cytosolic  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}]_c = 1$  nM) and  $\text{Mg}^{2+}$  in 250 mM cytosolic  $[\text{Cs}^+]_c$ , Laver et al. (2004) reported in Table III a  $P_0$  value of  $0.63 \pm 0.07$ . Using the same approach, the derived value for  ${}^{\text{IP}}P_i (= (P_0)^{0.25})$  is 0.891 when  $[\text{Ca}^{2+}]_L = 3$  mM. Laver et al. (2004) also reported in Table I that  $P_i = 0.1 \pm 0.07$  in 250 mM  $[\text{Cs}^+]_c$  when  $[\text{Ca}^{2+}]_L$  was 0.01 mM. The derived value for  ${}^{\text{IP}}P_i (= (P_i)^{0.25})$  based on Eq. A4 is 0.562. Thus,  $P_i$  is sensitive to  $[\text{Ca}^{2+}]_L$  but not to the cytosolic  $[\text{M}_m^+]_c$  in the range 50–250 mM.

The dependence of  ${}^{\text{IP}}P_i$  on  $[\text{Ca}^{2+}]_L$  over the  $[\text{Ca}^{2+}]_L$  range 0.01–3 mM is well predicted by Eq. A5 (0.573 versus 0.562 at 0.01 mM  $[\text{Ca}^{2+}]_L$ ; 0.66 versus 0.692 at 0.1 mM  $[\text{Ca}^{2+}]_L$ ; 0.84 at 1 mM  $[\text{Ca}^{2+}]_L$  and 0.883 at 3 mM  $[\text{Ca}^{2+}]_L$ ):

$${}^{\text{IP}}P_i([\text{Ca}^{2+}]_L) = 0.56 + \frac{0.35}{1 + \frac{0.25\text{mM}}{[\text{Ca}^{2+}]_L}} \quad (\text{A5})$$

#### Derivation of ${}^{\text{IP}}K_{\text{Mm}^2}$ , ${}^{\text{IP}}K_L$ , and ${}^{\text{IP}}K_{\text{Mg}}$ parameter values

In the absence of  $[\text{Ca}^{2+}]_c$ , Eq. A2 reduces to Eq. A6:

$${}^{\text{IP}}P_{\text{AO}} = \frac{{}^{\text{IP}}P_i \left( 1 + \frac{[\text{M}_m^+]_c^2}{({}^{\text{IP}}K_{\text{Mm}^2})^2} \right)}{1 + \frac{[\text{M}_m^+]_c^2}{({}^{\text{IP}}K_{\text{Mm}^2})^2} + \frac{[\text{Mg}^{2+}]_c}{{}^{\text{IP}}K_{\text{Mg}}(1 + \frac{[\text{Ca}^{2+}]_L}{{}^{\text{IP}}K_L})}}$$

or

$$\left( \frac{{}^{\text{IP}}P_i}{{}^{\text{IP}}P_{\text{AO}}} - 1 \right) {}^{\text{IP}}K_{\text{Mg}} \left( 1 + \frac{[\text{Ca}^{2+}]_L}{{}^{\text{IP}}K_L} \right) = \frac{[\text{Mg}^{2+}]_c}{1 + \frac{[\text{M}_m^+]_c^2}{({}^{\text{IP}}K_{\text{Mm}^2})^2}} \quad (\text{A6})$$

According to Table III in Laver et al. (2004), the  $P_0$  values measured at  $[\text{Ca}^{2+}]_L = 0.1$  mM in the absence of  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}]_c = 1$  nM) and  $\text{Mg}^{2+}$  were reduced 50% by 8  $\mu\text{M}$  cytosolic  $[\text{Mg}^{2+}]_c$  in

the presence of  $[\text{Cs}^+]_c = 50$  mM and by 20  $\mu\text{M}$   $[\text{Mg}^{2+}]_c$  in the presence of  $[\text{Cs}^+]_c = 250$  mM. Since inhibition at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$ -II sites is negligible ( $<0.7\%$ ) at these low  $[\text{Mg}^{2+}]_c$  in the absence of cytosolic  $\text{Ca}^{2+}$ , it follows that  $P_0 = P_{\text{AO}}$  in the absence of  $[\text{Ca}^{2+}]_c$  and  $[\text{Mg}^{2+}]_c$  and  $P_0 \approx P_{\text{AO}}$  when  $[\text{Mg}^{2+}]_c \leq 8$   $\mu\text{M}$  at 50 mM and  $\leq 20$   $\mu\text{M}$  at 250 mM  $[\text{M}_m^+]_c$ . Consequently,  ${}^{\text{IP}}P_{\text{AO}} = 0.6925$  when  $P_0 = P_{\text{AO}} = 0.23$  and is not sensitive to  $[\text{M}_m^+]_c$  in the range 50–250 mM in the absence of  $[\text{Ca}^{2+}]_c$  and  $[\text{Mg}^{2+}]_c$ . The 50% reduction of  $P_0$  from 0.23 to 0.115 corresponds to the reduction of  ${}^{\text{IP}}P_{\text{AO}}$  from 0.695 to  $\approx 0.582 (= (0.115)^{0.25})$  based on Eq. A4.  ${}^{\text{IP}}P_i$  is also insensitive to the  $[\text{M}_m^+]_c$  in the range 50–250 mM at constant  $[\text{Ca}^{2+}]_L$  since by definition  ${}^{\text{IP}}P_i = {}^{\text{IP}}P_{\text{AO}}$  in the absence of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ . The value of the left term in Eq. A6 ( ${}^{\text{IP}}P_i/{}^{\text{IP}}P_{\text{AO}} - 1$ ) ( ${}^{\text{IP}}K_{\text{Mg}}(1 + [\text{Ca}^{2+}]_L/{}^{\text{IP}}K_L)$ ) is therefore the same at 50 and 250 mM  $[\text{M}_m^+]_c$  for conditions where  ${}^{\text{IP}}P_{\text{AO}}$  is reduced to 0.582 at 0.1 mM  $[\text{Ca}^{2+}]_L$ . The rightside term in Eq. A6 ( $[\text{Mg}^{2+}]_c/(1 + [\text{M}_m^+]_c^2/{}^{\text{IP}}K_{\text{Mm}^2})$ ) must have the same value when  $P_{\text{AO}}$  (0.23) decreases by the same fraction (50%) in 50 and 250 mM  $[\text{Cs}^+]_c$ , i.e., 8  $\mu\text{M}/(1 + 2,500 \text{ mM}^2/{}^{\text{IP}}K_{\text{Mm}^2}) = 20 \mu\text{M}/(1 + 62,500 \text{ mM}^2/{}^{\text{IP}}K_{\text{Mm}^2})$ . Consequently,  ${}^{\text{IP}}K_{\text{Mm}^2} = 37,500 \text{ mM}^2$ ,  ${}^{\text{IP}}K_{\text{Mm}} = 193.6 \text{ mM}$ , and the value of the right side term of Eq. A6 is 7.5  $\mu\text{M}$  ( $8 \mu\text{M}/1.06(6) = 20 \mu\text{M}/(2.6(6))$ ), meaning that  $({}^{\text{IP}}P_i/{}^{\text{IP}}P_{\text{AO}} - 1)({}^{\text{IP}}K_{\text{Mg}}(1 + [\text{Ca}^{2+}]_L/{}^{\text{IP}}K_L)) = 7.5 \mu\text{M}$ . Since  $({}^{\text{IP}}P_i/{}^{\text{IP}}P_{\text{AO}} - 1) = (0.6925/0.582 - 1) = 0.18986$  and  $[\text{Ca}^{2+}]_L = 0.1$  mM, it follows that  ${}^{\text{IP}}K_{\text{Mg}}(1 + 0.1 \text{ mM}/{}^{\text{IP}}K_L) = 39.5 \mu\text{M}$ .

${}^{\text{IP}}K_{\text{Mm}^2}$  can also be evaluated from the  $P_0$  measurements of Laver et al. (2004) in Table III for 1 mM  $[\text{Ca}^{2+}]_L$  at 50 and 250 mM  $[\text{Cs}^+]_c$ . The values of  $P_0$  measurements made at 1 mM  $[\text{Ca}^{2+}]_L$  for 50 and 250 mM  $[\text{Cs}^+]_c$  in the absence of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  were similar and not statistically significantly different from each other, indicating that  $P_0$  is not sensitive to  $[\text{M}_m^+]_c$  in the range 50–250 mM. Consequently, the mean value of the two sets of measurements ( $P_0 = 0.515$ ) was taken to describe the open RyR1 probability in the absence of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  at 1 mM  $[\text{Ca}^{2+}]_L$ . Since in this case there is no inhibition at the II sites,  $P_{\text{AO}} = P_0 = 0.515$  and  ${}^{\text{IP}}P_i = {}^{\text{IP}}P_{\text{AO}} = (0.515)^{0.25} = 0.8471$ . The value of  $P_0$  was reduced by 50% in the presence of 20  $\mu\text{M}$   $[\text{Mg}^{2+}]_c$  in the 50 mM  $[\text{Cs}^+]_c$  solution and 72  $\mu\text{M}$   $[\text{Mg}^{2+}]_c$  in the 250 mM  $[\text{Cs}^+]_c$  solution in the absence of cytosolic  $\text{Ca}^{2+}$  ( $[\text{Ca}^{2+}]_c \leq 1$  nM) when  $[\text{Ca}^{2+}]_L$  was kept at 1 mM. Note that inhibition at the II sites was estimated to be  $\sim 4\%$  in the presence of 20  $\mu\text{M}$   $[\text{Mg}^{2+}]_c$  at 50 mM  $[\text{Cs}^+]_c$  and negligible ( $<0.1\%$ ) in the presence of 72  $\mu\text{M}$   $[\text{Mg}^{2+}]_c$  at 250 mM  $[\text{Cs}^+]_c$ . In view of this,  $P_0 = P_{\text{AO}} = (0.515/2)$  and  ${}^{\text{IP}}P_{\text{AO}} = (0.515/2)^{0.25} = 0.712$  for 250 mM  $[\text{Cs}^+]_c$ , and  $P_{\text{AO}} = 0.2678 (= 1.04 \times 0.515/2)$  and  ${}^{\text{IP}}P_{\text{AO}} = (0.2678)^{0.25} = 0.719$ . Dividing the left side term of Eq. A6 for 50 mM  $[\text{Cs}^+]_c$  by the left side term of Eq. A6 for 250 mM  $[\text{Cs}^+]_c$  and the right side term of Eq. A6 for 50 mM  $[\text{Cs}^+]_c$  by the right side term of Eq. A6 for 250 mM  $[\text{Cs}^+]_c$ , one obtains the following expression:  $(0.8471/0.719 - 1)/(0.8471/0.712 - 1) = (20 \mu\text{M}/72 \mu\text{M})(1 + 62,500/{}^{\text{IP}}K_{\text{Mm}^2})/(1 + 2,500 \text{ mM}^2/{}^{\text{IP}}K_{\text{Mm}^2})$  or  $3.384(1 + 2,500 \text{ mM}^2/{}^{\text{IP}}K_{\text{Mm}^2}) = (1 + 62,500 \text{ mM}^2/{}^{\text{IP}}K_{\text{Mm}^2})$  and  ${}^{\text{IP}}K_{\text{Mm}^2} = 22,668 \text{ mM}^2$  with  ${}^{\text{IP}}K_{\text{Mm}} = 150.6 \text{ mM}$ . Furthermore, from Eq. A6, it follows that  ${}^{\text{IP}}K_{\text{Mg}}(1 + 1 \text{ mM}/{}^{\text{IP}}K_L) = ([\text{Mg}^{2+}]_c/(1 + [\text{M}_m^+]_c^2/{}^{\text{IP}}K_{\text{Mm}^2}))({}^{\text{IP}}P_{\text{AO}}/({}^{\text{IP}}P_i - {}^{\text{IP}}P_{\text{AO}})) = 119.1 \mu\text{M}$ .

The  ${}^{\text{IP}}K_L$  and  $[\text{Mg}^{2+}]_c$  values were obtained by solving the system of equations:  ${}^{\text{IP}}K_{\text{Mg}}(1 + 0.1 \text{ mM}/{}^{\text{IP}}K_L) = 39.5 \mu\text{M}$  and  ${}^{\text{IP}}K_{\text{Mg}}(1 + 1 \text{ mM}/{}^{\text{IP}}K_L) = 119.1 \mu\text{M}$ , which yielded  ${}^{\text{IP}}K_L = 346.6 \mu\text{M}$  and  ${}^{\text{IP}}K_{\text{Mg}} = 30.65 \mu\text{M}$ .

The values for  $^{1p}K_{Mm}$  obtained from the two sets of independent measurements were 193.6 and 150.6 mM. The mean value for  $^{1p}K_{Mm}$  obtained from the two sets of measurements (172.1 mM) was used for quantitative predictions of RyR1 activation.

#### Derivation of $^{1p}K_{CaA}$ parameter value

Laver et al. (2004) used Eq. A7 to describe the relation between  $P_{A0}$  and  $[Ca^{2+}]_c$  in the absence of  $[Mg^{2+}]_c$ , where  $K_a$  is the  $[Ca^{2+}]_c$  value at half-activation ( $[Ca^{2+}]_c^{50}$ ):

$$P_{A0} = P_i + (P_{Max} - P_i) / (1 + K_a / [Ca^{2+}]_c) \quad (A7)$$

In the absence of  $[Mg^{2+}]_c$ , the relation between  $P_{A0}$  and  $[Ca^{2+}]_c$  is described by Eq. A8, which is derived from Eqs. A2 and A3:

$$P_{A0} = (P_{A0})^4 = \left( \frac{\left( ^{1p}P_i \left( 1 + \frac{[M_m^+]^2}{(^{1p}K_{Mm})^2} \right) + ^{1p}P_{max} \frac{[Ca^{2+}]_c}{^{1p}K_{CaA}} \right)}{1 + \frac{[M_m^+]^2}{(^{1p}K_{Mm})^2} + \frac{[Ca^{2+}]_c}{^{1p}K_{CaA}}} \right)^4 \quad (A8)$$

Since  $P_i = (^{1p}P_i)^4$  and  $P_{Max} = (^{1p}P_{max})^4$ , it follows that the minimum ( $P_i$ ) and the maximum ( $P_{Max}$ ) values of the  $P_{A0}$  curves generated by Eq. A7 are the same as the minimum ( $^{1p}P_i$ ) and the maximum ( $^{1p}P_{max}$ ) values of the  $P_{A0}$  curves generated by Eq. A8.

According to Eq. A7, half-activation  $P_{50} = (P_i + P_{Max}) / 2$  happens when  $[Ca^{2+}]_c = K_a$ . The value of  $^{1p}K_{CaA}$  can then be calculated from Eq. A8 after substitution of  $P_{A0}$  with  $(P_i + P_{Max}) / 2$  and  $[Ca^{2+}]_c$  with  $K_a$ . The value of  $K_a$  at 0.01 mM  $[Ca^{2+}]_L$  ( $0.4 \pm 0.1 \mu M$ ) is not significantly different from that at 1 mM  $[Ca^{2+}]_L$  ( $0.3 \pm 0.1 \mu M$ ) according to Table I and Fig. 1 of Laver et al. (2004). Therefore,  $K_a$  is considered to have the intermediary value of 0.35  $\mu M$  and be independent of  $[Ca^{2+}]_L$  in the range 0.01–1 mM.

From Table I of Laver et al. (2004),  $P_i = 0.4$  and  $P_{Max} = 0.86$  at  $[Ca^{2+}]_L = 1$  mM,  $[Cs^+]_c = 250$  and 2 mM ATP such that  $P_{A0}$  at half-activation point,  $P_{50} = (P_i + P_{Max}) / 2 = 0.63$ . Based on this information, the relevant parameters in Eq. A8 have the following values:  $P_{A0} = 0.63$ ,  $^{1p}P_i = (0.4)^{0.25} = 0.795$ ,  $^{1p}P_{max} = (0.86)^{0.25} = 0.963$ ,  $[Ca^{2+}]_c = 0.35 \mu M$ ,  $1 + [M_m^+]^2 / (^{1p}K_{Mm})^2 = 1 + (250 / 172.1)^2 = 3.1$  (using estimated  $^{1p}K_{Mm}$  value of 172.1 mM as described above). Substituting the values of these parameters in Eq. A8, it follows that  $0.63 = \{[(0.795 \times 3.1 + 0.963 \times 0.35 \mu M / ^{1p}K_{CaA}) / (3.1 + 0.35 \mu M / ^{1p}K_{CaA})]\}^4$  and  $^{1p}K_{CaA} = 0.085 \mu M = 85$  nM.

Another estimate for  $^{1p}K_{CaA}$  is obtained from measurements reported by Laver et al. (2004) in Table I at  $[Ca^{2+}]_L = 0.01$  mM,  $[Cs^+]_c = 250$  mM, 2 mM ATP,  $P_i = 0.1$ ,  $P_{Max} = 0.86$ . The values of the relevant parameters in Eq. A8 are:  $P_{A0} = (P_i + P_{Max}) / 2 = 0.48$ ,  $^{1p}P_i = (0.1)^{0.25} = 0.5623$ ,  $^{1p}P_{max} = (0.86)^{0.25} = 0.963$ ,  $[Ca^{2+}]_c = 0.35 \mu M$ ,  $1 + [M_m^+]^2 / (^{1p}K_{Mm})^2 = 1 + (250 / 172.1)^2 = 3.1$ . Substitution of parameters in Eq. A8 with their values leads to the following expression:  $0.48 = [(0.5623 \times 3.1 + 0.963 \times$

$0.35 \mu M / ^{1p}K_{CaA}) / (3.1 + 0.35 \mu M / ^{1p}K_{CaA})]^4$  and  $^{1p}K_{CaA} = 0.0546 \mu M = 54.6$  nM.

Based on these two estimates (85 and 54.6 nM), the dissociation constant of  $Ca^{2+}$  from the  $Ca^{2+}$  A-site of a RyR1 protomer,  $^{1p}K_{CaA}$ , is approximated to 70 nM.

The values of parameters  $^{1p}P_i$ ,  $^{1p}K_{Mm}^2$ ,  $^{1p}P_{max}$ ,  $^{1p}K_{CaA}$ ,  $^{1p}K_{Mg}$ , and  $^{1p}K_L$  derived in the Appendix needed to quantitatively describe  $P_{A0}$  under different ionic conditions are shown in Table 1.

#### How predictions based on Eqs. A3 and A4 compare with predictions derived from generic Hill equations

Laver et al. (2004) used to fit the data points for the activation section of the open probability of isolated RyR1s incorporated in lipid bilayers ( $P_{A0}$ ) in the presence of 2 mM ATP using curves generated by generic Hill Equations such as Eq. A7.

Fig. A1 displays pairs of curves generated by Eqs. A7 and A8 that have the same minima and maxima and have the mid  $P_{0.50} [= (P_i + P_{Max}) / 2]$  occurring at the same  $[Ca^{2+}]_c$ . For this to happen,  $^{1p}P_i = (P_i)^{0.25}$ ,  $^{1p}P_{max} = (P_{Max})^{0.25}$ , and

$$^{1p}K_{CaA} = \frac{K_a (P_{max} - (P_0^{50})^{0.25})}{\left( 1 + \frac{[M_m^+]^2}{(^{1p}K_{Mm})^2} \right) (P_0^{50})^{0.25} - ^{1p}P_i} \quad (A9)$$

As shown in Fig. A1, the two curves generated by Eqs. A7 and A8 when  $[Ca^{2+}]_L = 1$  mM effectively overlap over the entire  $[Ca^{2+}]_c$  range while the two curves when  $[Ca^{2+}]_L = 0.01$  mM are equally suitable for fitting experimental data. Importantly, the qualitative distinguishing feature between the two curves in a pair is that the curves generated by Eq. A8 are based on the knowledge that there is one  $Ca^{2+}$  A-site for each of the four protomers that constitute the RyR1 molecule, while the curves generated by Eq. A7 are based on the presumption that there is only one  $Ca^{2+}$  A-site per RyR1 molecule.

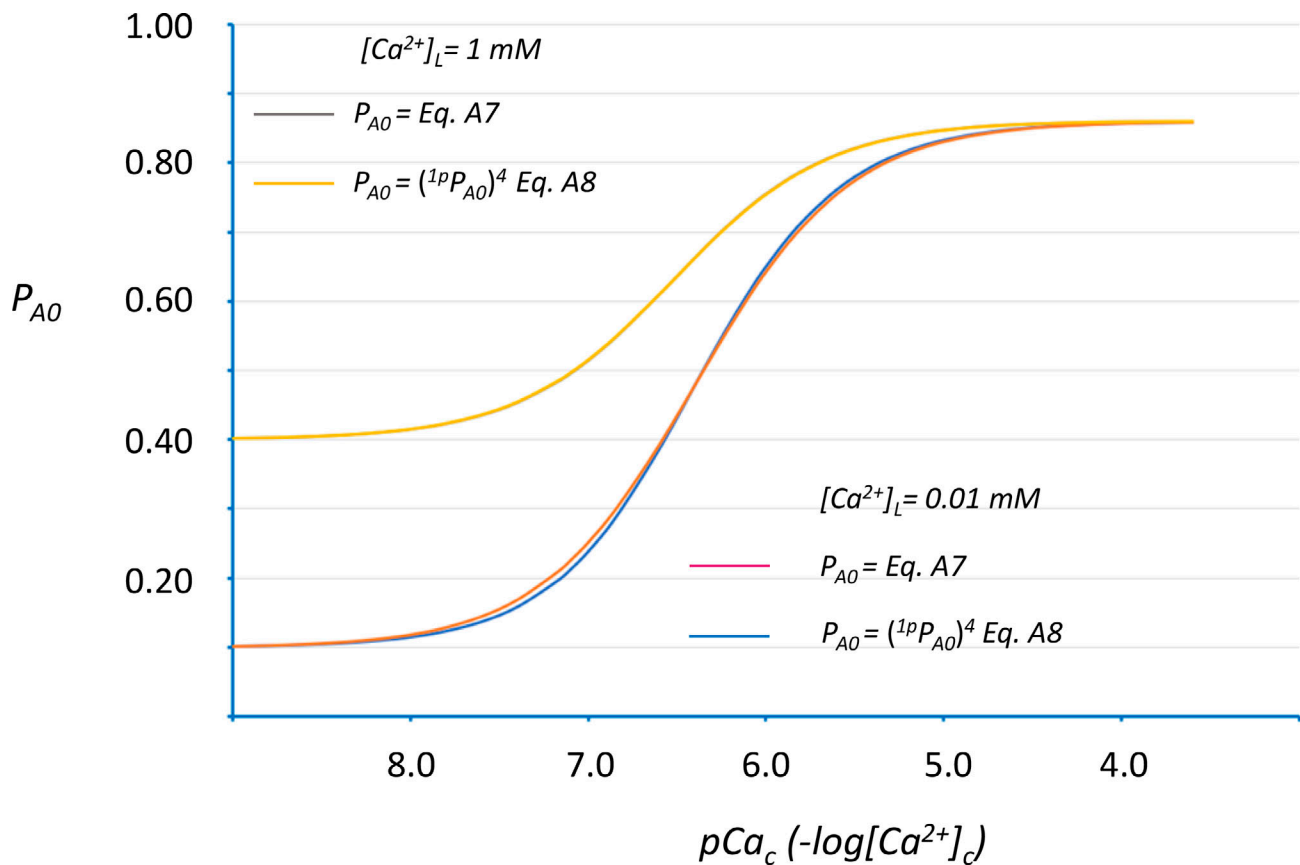
Eq. A10, derived from Eqs. A2 and A3, in conjunction with parameter values in Table 1 describe activation at the  $Ca^{2+}$  A-sites of isolated RyR1s in the presence of mM ATP and different ionic conditions with respect to  $[Ca^{2+}]_c$ ,  $[Mg^{2+}]_c$ ,  $[M_m^+]_c$ , and  $[Ca^{2+}]_L$

$$P_{A0} = (P_{A0})^4 = \left( \frac{\left( ^{1p}P_i \left( 1 + \frac{[M_m^+]^2}{(^{1p}K_{Mm})^2} \right) + ^{1p}P_{max} \frac{[Ca^{2+}]_c}{^{1p}K_{CaA}} \right)}{1 + \frac{[M_m^+]^2}{(^{1p}K_{Mm})^2} + \frac{[Ca^{2+}]_c}{^{1p}K_{CaA}} + \frac{[Mg^{2+}]_c}{^{1p}K_{Mg} \left( 1 + \frac{[Ca^{2+}]_L}{^{1p}K_L} \right)}} \right)^4 \quad (A10)$$

#### Ion inhibition at the RyR1 $Ca^{2+}/Mg^{2+}$ -I1 sites

The inhibition term  $P_{I0}$  expresses the probability that the pore of the RyR1 channel is not inhibited at the low-affinity  $Ca^{2+}/Mg^{2+}$ -I1 sites in the presence of  $Mg^{2+}$  and  $Ca^{2+}$  ions that can bind to the  $Ca^{2+}/Mg^{2+}$ -I1 sites on the RyR1 molecule.

Since  $Ca^{2+}/Mg^{2+}$ -I1 sites on individual RyR1s appear to have the same affinity for  $Ca^{2+}$  and  $Mg^{2+}$  (Laver et al., 2004),  $P_{I0}$  depends on the sum of  $[Ca^{2+}]_c + [Mg^{2+}]_c = [CaMg]_c$ , rather than on



**Figure A1. Comparison between generic curves used to fit empirical data for  $P_{A0}$  dependence on  $[Ca^{2+}]_c$  in isolated RyR1 with curves constructed based on a model that incorporates observations on functional and structural features of RyR1s.** The generic curves  $P_{A0}$  versus  $[Ca^{2+}]_c$  produced by Eq. A7 used to fit experimental data on isolated RyR1s incorporated in lipid bilayers for  $[Ca^{2+}]_L = 0.01$  and  $1$  mM (Laver et al., 2004) are characterized by three parameters  $P_i$ ,  $P_{Max}$ , and  $K_{0.5}$ , which represents  $[Ca^{2+}]_c$  at half-activation  $[(P_i + P_{Max})/2]$ . These curves are compared with equivalent  $P_{A0}$  versus  $[Ca^{2+}]_c$  curves generated by Eq. 8, which was derived based on a model where the control hub of one RyR1 molecule becomes activated when all four A-sites of the RyR1 molecule are independently activated. Experimental data can be equally well fit by generic and model-derived curves when the curves are forced to have the same minima, maxima, and intersect at their half-activation point. The  $^{1p}K_{CaA}$  values derived from Eq. 9 to ensure that the model-generated curve intersects the generic curve at the mid point were 62.2 and 72.7 nM for  $[Ca^{2+}]_L = 0.01$  and  $1$  mM, respectively, in line with the  $^{1p}K_{CaA}$  value of 70 nM in Table 1.

specific  $[Ca^{2+}]_c$  and  $[Mg^{2+}]_c$ .  $K_{in}$  in Eq. A11 corresponds to the  $[CaMg]_c$  at which RyR1s display 50% inhibition at the  $Ca^{2+}/Mg^{2+}$ -I1 sites. The second power of the term  $[CaMg]_c^2/K_{in}^2$  in the Hill Eq. A11 was experimentally determined when the  $Mg^{2+}$  inhibition at the  $Ca^{2+}/Mg^{2+}$ -I1 sites was measured in single RyR1 channels (Laver et al., 1997a, 1997b, 2004):

$$P_{I0} = \frac{1}{1 + \frac{[CaMg]_c^2}{K_{in}^2}} \quad (A11)$$

As mentioned elsewhere, the  $Ca^{2+}/Mg^{2+}$ -I1 sites on RyR1s are particularly sensitive to ionic strength and other factors that do not affect the  $Ca^{2+}$  A-sites (Shomer et al., 1993; Meissner et al., 1997; Laver et al., 1997a, 1997b, 2004), suggesting that the strength of  $Mg^{2+}$  (and  $Ca^{2+}$ ) binding to these low-affinity sites can be readily altered by subtle changes in the arrangement of negative charges that demarcate these sites. For example, the decrease in ionic strength by 150 mM associated with the reduction of  $[Cs^+]_c$  from 250 to 100 mM caused a 10-fold reduction in  $[Ca^{2+}]_c$  for 50% inhibition at the low-affinity  $Ca^{2+}/Mg^{2+}$ -I1 sites on RyR1s (Laver et al., 2004; Table I). As justified in the text, 50% inhibition at the  $Ca^{2+}/$

$Mg^{2+}$ -I1 sites of RyR1s is likely to occur at  $\approx 50 \mu M$   $Mg^{2+}$  based on measurements of  $Ca^{2+}$  release from native triads made by Donoso et al. (2000).

For skeletal muscle fibers at rest, Eq. A12, where  $K_{in} = 0.05$  mM, is taken to describe the probability  $^{nc}P_{I0}$  that the gates of  $^{nc}RyR1s$  are not blocked from opening by  $Ca^{2+}/Mg^{2+}$  occupation at the I1-sites:

$$^{nc}P_{I0} = \frac{1}{1 + \frac{([CaMg]_s)^2}{K_{in}^2}} \quad (A12)$$

Evidence that DHPs can exert an additional inhibitory action on RyR1s in mammalian skeletal muscle fibers (see Kirsch et al., 2001; Zhou et al., 2006; and references therein) can be accommodated by assuming that DHPs increase the level of cooperativity for  $Ca^{2+}/Mg^{2+}$  binding to the I1 sites of RyR1s  $Ca^{2+}/Mg^{2+}$  while displaying 50% inhibition at same  $[CaMg]_s$  (0.05 mM) as  $^{nc}RyR1s$ . For example, if the four  $Ca^{2+}/Mg^{2+}$  inhibitory I1 sites on a RyR1 molecule act cooperatively to cause quasi-simultaneous binding and dissociation of four  $Ca^{2+}/Mg^{2+}$  ions by a two-state allosteric mechanism that is akin to the binding of four  $O_2$  to one

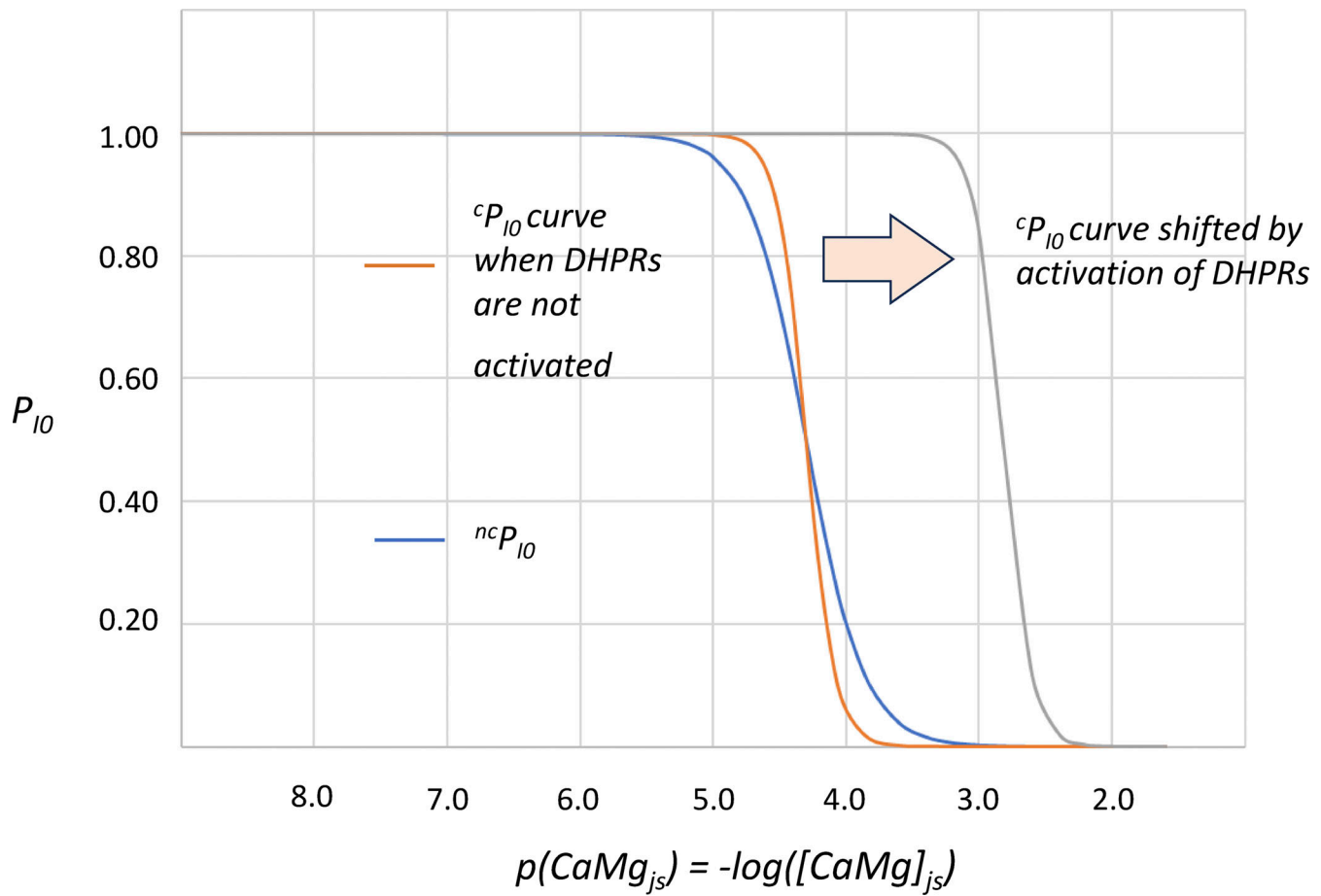


Figure A2. Semilogarithmic plot of  ${}^{nc}P_{10}$  and  ${}^cP_{10}$  dependence on the combined concentrations of  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  in the junctional space ( $[\text{CaMg}]_{js}$ ). The inhibition terms  ${}^{nc}P_{10}$  and  ${}^cP_{10}$  express the probabilities that  ${}^{nc}\text{RyR1}$ s and, respectively,  ${}^c\text{RyR1}$ s are not inhibited at the low affinity  $\text{Ca}^{2+}/\text{Mg}^{2+}$  I1 sites. Under resting conditions, when the DHPRs are not activated, both terms display 50% inhibition at  $50 \mu\text{M}$   $[\text{CaMg}]_{js}$  but the increased DHPR-dependent level of cooperativity between the four I1 sites of  ${}^c\text{RyR1}$ s translates to greater inhibition at  $[\text{CaMg}]_{js} > 50 \mu\text{M}$  in  ${}^c\text{RyR1}$ s than  ${}^{nc}\text{RyR1}$ s. A 30-fold rise of  ${}^{4p}K_{in}$  induced by DHPR activation would shift the  ${}^cP_{10}$  curve to the right, triggering rapid  $\text{Ca}^{2+}$  release from SR (see Fig. 1 and text).

hemoglobin molecule consisting of four subunits (Viappiani et al., 2014), then the  ${}^c\text{RyR1}$  channel is blocked from opening at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibitory I1 sites when all four I1-inhibitory sites are occupied, and the channel is allowed to open when all four I1-inhibitory sites are free. The probability  ${}^cP_{10}$  that  ${}^c\text{RyR1}$  channels are not blocked from opening at their inhibitory I1 sites at given  $[\text{CaMg}]_{js}$  is then described by Eq. A13 with  ${}^{4p}K_{in} = 0.05 \text{ mM}$ :

$${}^cP_{10} = \frac{1}{1 + \frac{([\text{CaMg}]_{js})^4}{({}^{4p}K_{in})^4}} \quad (\text{A13})$$

Fig. A2 shows the  ${}^cP_{10}$  dependence on  $[\text{CaMg}]_{js}$  based on Eq. A13 in comparison with the dependence of  ${}^{nc}P_{10}$  on  $[\text{CaMg}]_{js}$  using Eq. A12. The two curves intersect at their mid-point where  $[\text{CaMg}]_{js} = 0.05 \text{ mM}$ . The steeper decline of  ${}^cP_{10}$  compared with  ${}^{nc}P_{10}$  indicates that inhibition at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$ -I1 sites is more complete for  ${}^c\text{RyR1}$ s than for  ${}^{nc}\text{RyR1}$ s at  $[\text{CaMg}]_{js} > 0.05 \text{ mM}$ . For example, under physiological conditions, when  $[\text{Mg}^{2+}]_c \approx [\text{Mg}^{2+}]_{js} = 1 \text{ mM}$ ,  ${}^c\text{RyR1}$ s would be inhibited 99.99 % at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$ -I1 sites ( ${}^cP_{10} = 0.01\%$ ) in the presence of  $0.1 \mu\text{M}$   $[\text{Ca}^{2+}]_{js}$  compared with the  ${}^{nc}\text{RyR1}$ s that would be only 99% inhibited ( ${}^{nc}P_{10} = 1\%$ ).

This means that the number of  ${}^{nc}\text{RyR1}$ s that can become activated at  $1 \text{ mM}$   $[\text{Mg}^{2+}]_{js}$  and  $0.1 \mu\text{M}$   $[\text{Ca}^{2+}]_{js}$  is 100-fold greater than the number of  ${}^c\text{RyR1}$ s. Thus, stronger cooperativity for  $\text{Ca}^{2+}/\text{Mg}^{2+}$  binding at the  $\text{Ca}^{2+}/\text{Mg}^{2+}$  inhibitory sites on  ${}^c\text{RyR1}$ s would considerably increase the level of RyR1 inhibition in a muscle fiber at rest. The increased inhibitory effect exerted by DHPRs on RyR1s in mammalian skeletal muscle can largely explain why interventions that prevent or disrupt interactions between DHPRs and the RyR1s reduce the stability of junctional RyR1 arrays and increase the occurrence of spontaneous spark-like events (Shirokova et al., 1999; Kirsch et al., 2001; Zhou et al., 2006).

#### Quantification of the open probability of RyR1s in skeletal muscle

Based on Eqs. A10, A12, and A13, and parameter values in Table 1, one can now evaluate the dependence of the open probability of  ${}^{nc}\text{RyR1}$ s ( ${}^{nc}P_o$ ) and  ${}^c\text{RyR1}$ s ( ${}^cP_o$ ) at steady state, on  $[\text{Ca}^{2+}]_{SR}$  and ionic composition of the JS to which the cytosolic regulatory A- and I1 sites of RyR1s are exposed:



$${}^{nc}P_O = P_{AO} \times {}^{nc}P_{IO} = \frac{\left( {}^{lp}P_i \left( 1 + \frac{[M_m]_j^2}{({}^{lp}K_{Mm})^2} \right) + {}^{lp}P_{max} \frac{[Ca^{2+}]_j}{{}^{lp}K_{CaA}} \right)^4}{\left( 1 + \frac{[M_m]_j^2}{({}^{lp}K_{Mm})^2} + \frac{[Ca^{2+}]_j}{{}^{lp}K_{CaA}} + \frac{[Mg^{2+}]_j}{{}^{lp}K_{Mg} \left( 1 + \frac{[Ca^{2+}]_{SR}}{{}^{lp}K_L} \right)} \right)^4} \times \frac{1}{1 + \left( \frac{[CaMg]_j}{K_{in}} \right)^2} \quad (A14)$$

$${}^cP_O = P_{AO} \times {}^cP_{IO} = \frac{\left( {}^{lp}P_i \left( 1 + \frac{[M_m]_j^2}{({}^{lp}K_{Mm})^2} \right) + {}^{lp}P_{max} \frac{[Ca^{2+}]_j}{{}^{lp}K_{CaA}} \right)^4}{\left( 1 + \frac{[M_m]_j^2}{({}^{lp}K_{Mm})^2} + \frac{[Ca^{2+}]_j}{{}^{lp}K_{CaA}} + \frac{[Mg^{2+}]_j}{{}^{lp}K_{Mg} \left( 1 + \frac{[Ca^{2+}]_{SR}}{{}^{lp}K_L} \right)} \right)^4} \times \frac{1}{1 + \left( \frac{[CaMg]_j}{4pK_{in}} \right)^4} \quad (A15)$$

However, during rapid changes in  $[Ca^{2+}]_j$  when the regulatory sites on the RyRIs are not at steady state with the ions in their environment,  ${}^{nc}P_O$  and  ${}^cP_O$  are time-sensitive ( ${}^{nc}P_O(t)$  and  ${}^cP_O(t)$ ) and depend on the specific level of ion occupancy at the A-sites and I-sites at time  $t$ , which determine the functional state of the RyRIs.

As already mentioned in the text, the assumption was made that  $Ca^{2+}$ ,  $Mg^{2+}$ , and  $M_m^+$  bind with a diffusion-limited binding rate constant of  $k_{on} = 4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1}$  to RyR1 regulatory sites and dissociate from regulatory sites with a rate constant ( $k_{off}$ ) estimated from the corresponding dissociation constants  $K_D$  listed in Table 1 ( $k_{off} = k_{on} K_D = 4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1} K_D$ ).

Consequently, the probability that  ${}^{nc}RyRIs$  and  ${}^cRyRIs$  are activated at their A-sites, where  ${}^{nc}P_{AO}(t) = {}^cP_{AO}(t) = P_{AO}(t)$  is given by Eq. A16, where  $[{}^{lp}A_{Total}]$  is the total concentration of individual/protomeric A-sites in a couplon;  $[{}^{lp}A(t)/{}^{lp}A_{Total}]$ ,  $[Mm_2^{lp}A(t)]/[{}^{lp}A_{Total}]$ , and  $[Ca^{lp}A(t)]/[{}^{lp}A_{Total}]$  are the normalized concentrations of individual A-sites on the  ${}^{nc}RyRIs$  and  ${}^cRyRIs$  that are not complexed with cations (i.e., are free), A-sites that are complexed with two  $M_m^+$  and A-sites that are complexed with  $Ca^{2+}$ , respectively;  ${}^{lp}P_i$  expresses the level of individual  $Ca^{2+}$  A-site activation when the  $Ca^{2+}$  A-site is free or has two  $M_m^+$  ions bound to it, while  ${}^{lp}P_{max}$  refers to the level of  $Ca^{2+}$  A-site activation when complexed with  $Ca^{2+}$ :

$$P_{AO}(t) = \frac{\left( P_{ilp} [A_{free_{lp}}(t)] + [Mm_2^{lp}A(t)] + {}^{lp}P_{max} [Ca^{lp}A(t)] \right)^4}{A_{Total_{lp}}} \quad (A16)$$

Since the total concentration of A-sites on  ${}^{nc}RyRIs$  and  ${}^cRyRIs$ ,  $[{}^{lp}A_{Total}]$ , is constant, it follows that at any time  $t$ :

$$[{}^{lp}A_{Total}] = [{}^{lp}A_{free}(t)] + [Mm_2^{lp}A(t)] + [Ca^{lp}A(t)] + [Mg^{lp}A(t)]$$

or

$$[{}^{lp}A_{free}(t)] = [{}^{lp}A_{Total}(t)] - [Mm_2^{lp}A(t)] - [Ca^{lp}A(t)] - [Mg^{lp}A(t)] \quad (A17)$$

Substitution of  $[{}^{lp}A_{free}(t)]$  from Eq. A17 into Eq. A16 leads to Eq. A18, which shows that the probability that  ${}^{nc}RyRIs$  or  ${}^cRyRIs$  are activated at their A-sites (or at their control hubs when mM ATP is present) only depends on the normalized concentrations of A-sites complexed with  $Ca^{2+}$  ( $[Ca^{lp}A(t)]/[{}^{lp}A_{Total}]$ ) and  $Mg^{2+}$  ( $[Mg^{lp}A(t)]/[{}^{lp}A_{Total}]$ ):

$$P_{AO}(t) = \left( {}^{lp}P_i \left( 1 - \frac{[Ca^{lp}A(t)]}{[{}^{lp}A_{Total}]} - \frac{[Mg^{lp}A(t)]}{[{}^{lp}A_{Total}]} \right) + {}^{lp}P_{max} \frac{[Ca^{lp}A(t)]}{[{}^{lp}A_{Total}]} \right) \quad (A18)$$

The rate constant for binding  $Mm^+$  to unoccupied protomeric A-sites in the presence of 150 mM  $[Mm^+]$  is in the order of  $6 \times 10^7 \text{ s}^{-1}$  ( $4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1} \times 0.15 \text{ M}$ ). This ensures rapid equilibration (on a 1  $\mu\text{s}$  timescale) of  $Mm^+$ ,  $Mm^+$  bound to A-sites on RyR1 protomers,  $Mm_2^{lp}A(t)$ , and unoccupied A-sites,  ${}^{lp}A_{free}(t)$ , such that for all practical purposes:

$$[Mm_2^{lp}A(t)] = [{}^{lp}A_{free}(t)] \times \left( [Mm^+]_j / {}^{lp}K_{Mm} \right)^2 \quad (A19)$$

When the expression of  $[Mm_2^{lp}A(t)]$  from Eq. A19 is substituted in Eq. A17, it follows that:

$$[A_{free_{lp}}(t)] = \frac{[{}^{lp}A_{Total}] - [Ca^{lp}A(t)] - [Mg^{lp}A(t)]}{1 + \left( [Mm^+]_j / {}^{lp}K_{Mm} \right)^2} \quad (A20)$$

$Ca^{2+}$  binding to unoccupied  ${}^{lp}A_{free}(t)$  sites in the JS is described by differential Eq. A21, where  $4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1}$  is the  $Ca^{2+}$  binding rate constant and  $28 \text{ s}^{-1}$  is the dissociation rate constant of  $Ca^{2+}$  from  $Ca^{lp}A$  ( $4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1} \times {}^{lp}K_{CaA}$ , where  ${}^{lp}K_{CaA} = 70 \text{ nM}$  in Table 1):

$$\begin{aligned} d[Ca^{lp}A(t)]/dt &= 4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1} [Ca^{2+}(t)]_j \times [{}^{lp}A_{free}(t)] \\ &\quad - 28 \text{ s}^{-1} [Ca^{lp}A(t)] \end{aligned} \quad (A21)$$

$Ca^{2+}$  dissociates very fast from luminal  $Ca^{2+}$  sites, with a rate constant  $k_{off}^L = 1.386 \times 10^5 \text{ s}^{-1}$ , considering that the  $Ca^{2+}$  dissociation rate constant  $k_{off}^L = 4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1} K_L$ , where  $K_L = 346.6 \text{ }\mu\text{M}$  (Table 1). This ensures rapid alteration in the  $Mg^{2+}$  dissociation constant at A-sites within 0.03 ms when  $[Ca^{2+}]_{SR}$  changes.

$Mg^{2+}$  binding to unoccupied A-sites ( ${}^{lp}A_{free}(t)$ ) in the JS is described by Eq. A22, where  $4 \times 10^5 \text{ s}^{-1}$  represents  $Mg^{2+}$  binding rate at 1 mM  $[Mg^{2+}]_j$  ( $4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1} \times 10^{-3} \text{ M}$ ), and the  $Mg^{2+}$  dissociation rate constant from the A-sites complexed with  $Mg^{2+}$ ,  $Mg^{lp}A(t)$ , is  $1.226 \times 10^4 \left( 1 + \frac{[Ca^{2+}]_{SR}}{346.6 \text{ }\mu\text{M}} \right) \text{ s}^{-1}$  ( $4 \times 10^8 \text{ M}^{-1} \text{ s}^{-1} \times {}^{lp}K_{Mg} \left( 1 + \frac{[Ca^{2+}]_{SR}}{K_L} \right)$ , where  ${}^{lp}K_{Mg} = 30.65 \text{ }\mu\text{M}$  and  $K_L = 346.6 \text{ }\mu\text{M}$  in Table 1):

$$\begin{aligned} d[Mg^{lp}A(t)]/dt &= 4 \times 10^5 \text{ s}^{-1} [{}^{lp}A_{free}(t)] \\ &\quad - 1.226 \times 10^4 \left( 1 + \frac{[Ca^{2+}]_{SR}}{K_L} \right) \text{ s}^{-1} [Mg^{lp}A(t)] \end{aligned} \quad (A22)$$

Substitution of  $[{}^{lp}A_{free}(t)]$  from Eq. A20 into Eqs. A21 and A22 followed by division by  $[{}^{lp}A_{Total}]$  of both Eqs. A21 and A22 leads to Eqs. A23 and A24:

$$\begin{aligned}
 d\left(\frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]}\right)/dt &= 4 \times 10^8 M^{-1} s^{-1} [Ca^{2+}(t)]_{js} \times \\
 &\quad 1 - \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]} - \frac{[Mg^{1p}A(t)]}{[^{1p}A_{Total}]} \\
 &\quad \frac{1}{1 + \left(\frac{[Mm^{+}]_{js}}{K_{Mm}}\right)^2} - 28 s^{-1} \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]} \quad (A23) \\
 d\left(\frac{[Mg^{1p}A(t)]}{[^{1p}A_{Total}]}\right)/dt &= \frac{4 \times 10^5 s^{-1} \left(1 - \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]} - \frac{[Mg^{1p}A(t)]}{[^{1p}A_{Total}]}\right)}{1 + \left(\frac{[Mm^{+}]_{js}}{K_{Mm}}\right)^2} \\
 &\quad 1.226 \times 10^4 \left(1 + \frac{[Ca^{2+}]_{SR}}{K_L}\right) s^{-1} \frac{[Mg^{1p}A(t)]}{[^{1p}A_{Total}]} \quad (A24)
 \end{aligned}$$

Eqs. A23 and A24 are essential to define the time course of  $[Ca^{1p}A(t)]/[^{1p}A_{Total}]$  and  $[Mg^{1p}A(t)]/[^{1p}A_{Total}]$ , which in turn define the time course of  $P_{AO}(t)$  in Eq. A18. The overall time course of the open probability of  $^{nc}RyRIs$  ( $^{nc}P_O$ ) and  $^{nc}RyRIs$  ( $^{nc}P_O$ ) would then be determined by Eqs. A25 and A26, where  $^{c}P_{IO}(t)$  and  $^{nc}P_{IO}(t)$  are the time-dependent normalized concentrations of  $^{nc}RyRIs$  (Eq. A12) and  $^{c}RyRIs$  Eq. A13 that are not inhibited at their low  $Ca^{2+}/Mg^{2+}$  affinity inhibitory II-sites:

$$\begin{aligned}
 ^{nc}P_O &= P_{AO}(t) \times ^{nc}P_{IO}(t) = \\
 &\quad (^{1p}P_i \left(1 - \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]} - \frac{[Mg^{1p}A(t)]}{[^{1p}A_{Total}]}\right) + ^{1p}P_{max} \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]}) \times ^{nc}P_{IO}(t) \quad (A25) \\
 ^{c}P_O &= P_{AO}(t) \times ^{c}P_{IO}(t) = \\
 &\quad (^{1p}P_i \left(1 - \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]} - \frac{[Mg^{1p}A(t)]}{[^{1p}A_{Total}]}\right) + ^{1p}P_{max} \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]}) ^{c}P_{IO}(t) \quad (A26)
 \end{aligned}$$

Since the rates for  $Ca^{2+}$  and  $Mg^{2+}$  binding to the II sites depend on the sum of  $[Ca^{2+}]_{js}(t) + [Mg^{2+}]_{js}(t)$ ,  $[CaMg(t)]_{js}$ , the binding rate of divalent cations to these sites in the presence of 1 mM  $[Mg^{2+}]_{js}$  is in the order of  $4 \times 10^5 s^{-1}$  ( $4 \times 10^8 M^{-1} s^{-1} \times 10^{-3} M$ ), ensuring that the level of occupation by  $Ca^{2+}/Mg^{2+}$  at the II sites of both DHPR-noncoupled and DHPR-coupled RyRIs equilibrates within 10  $\mu s$  at prevalent  $[Ca^{2+}]_{js}(t)$  such that inhibition at the II sites of DHPR-noncoupled and DHPR-coupled RyRIs can be described as  $^{nc}P_{IO}(t) = 1/(1 + ([CaMg(t)]_{js})^2/K_{in}^2)$  and  $^{c}P_{IO}(t) = 1/(1 + ([CaMg(t)]_{js})^4/^{4p}K_{in}^4)$ , respectively, on a time scale  $>0.01$  ms.

Thus, the time dependence of the open probability of one DHPR-noncoupled RyR ( $^{nc}P_O(t)$ ) and one DHPR-coupled RyR ( $^{c}P_O(t)$ ), when the system is not at steady state, is described by Eq. A27 on a time scale  $>0.02$  ms:

$$\begin{aligned}
 ^{nc}P_O(t) + ^{c}P_O(t) &= \\
 &\quad ((^{1p}P_i \left(1 - \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]} - \frac{[Mg^{1p}A(t)]}{[^{1p}A_{Total}]}\right) + \\
 &\quad ^{1p}P_{max} \frac{[Ca^{1p}A(t)]}{[^{1p}A_{Total}]})^4 \times \\
 &\quad \left(1 / \left(1 + ([CaMg(t)]_{js})^2 / K_{in}^2\right) + 1 / \left(1 + ([CaMg(t)]_{js})^4 / ^{4p}K_{in}^4\right)\right) \quad (A27)
 \end{aligned}$$

## Data availability

All data are available in the article itself, and in Datasets 1–6 in the online supplemental material.

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## Supplemental material

Provided online are six datasets. In all program scripts:  $x[t] = [Ca^{2+}(t)]_{js}$ ;  $u[t] = [Ca^{1p}A(t)]/[^{1p}A_{Total}]$ ;  $z[t] = [Mg^{1p}A(t)]/[^{1p}A_{Total}]$ ;  $w[t] = [Ca^{2+}(t)]_{SR}$ ;  $c[t] = [Ca\text{-}Buffer\ complex]_{js}$  when a  $Ca^{2+}$ -buffer is present in the JS. Data S1 provides model predictions of  $Ca^{2+}$  release under physiological conditions; no Ca-buffer, no SR  $Ca^{2+}$  uptake. Data S2 provides model predictions of  $Ca^{2+}$  release under physiological conditions with strong SR  $Ca^{2+}$  uptake rate; standard initial conditions at time of stimulation. Data S3 provides model predictions of  $Ca^{2+}$  release in the presence of 10 mM BAPTA. Data S4 provides model predictions of  $Ca^{2+}$  release in the presence of 10 mM EGTA, no SR  $Ca^{2+}$  uptake. Data S5 provides model predictions of  $Ca^{2+}$  release at submaximal levels of DHPR activation. Data S6 provides model predictions of  $Ca^{2+}$  release in the presence of 20 mM BAPTA at increased ionic strength with SR severely depleted of  $Ca^{2+}$ .